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The road to more debt

CAPITAL BUDGET
Council debates value of going into red for street fixes



Zane Woodford
Metro | Halifax

The city says it's on the right track when it comes to reducing its debt, but some councillors are ready to take on more, especially if it means fixing up our roads.

In 1999, council implemented a policy to reduce the city's debt, which was updated in 2009 to create a five-year policy to reduce the debt by three per cent annually.

At Wednesday's committee of the whole meeting on the 2016 capital budget, the city's director of operations

support, Jane Fraser, said that policy put the city in a "strong financial position," having reduced the debt by \$100 million since 1999.

"That is a very significant accomplishment," Fraser said Wednesday.

The committee voted in favour of an added motion at the meeting to ask for a staff report considering a "review and refresh" of that 2009 plan, focusing on the city's ability to keep its infrastructure, specifically its roads, in good shape.

"Debt is a good thing when used appropriately," said Coun. Steve Craig. "I'd like council to consider in the future, before we approve the final budget, going into a little more debt, in particular, for our streets."

Coun. Tim Outhit said there may be good reasons to increase debt, but not for things like road maintenance.

"To raise the debt to pave — which is a fundamental basic service — I would have a problem with," he said.



In a gallery far, far away

Dartmouth art hot spot paying tribute to Star Wars

metroNEWS

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“The ‘no’ vote wasn’t about the contract at all, it was about the state of education in Nova Scotia.”

Jamie Falcone

Grade 6 teacher Sarah Allen speaks to her class at Oxford School. **Large class sizes, outdated school infrastructure and mounting administrative duties remain key issues for educators, despite the province offering a three per cent wage increase over four years.** JEFF HARPER/METRO FILE

Teachers have ‘had enough’

EDUCATION

Deal rejected due to working conditions, says teacher



Haley Ryan
Metro | Halifax

A Halifax-area teacher says the main issue with a tentative contract from the province wasn't what was in it, but what was missing.

Less than a day after Nova Scotia teachers voted to reject the deal, Jamie Falcone said many felt they had to stand against it as there was nothing addressing large class sizes, outdated school infrastructure, or the piling up of administrative duties.

“The ‘no’ vote wasn’t about the contract at all, it was about the state of education in Nova Scotia,” Falcone, head of the lan-

guages department at Sackville High School, said Wednesday.

“Quality decisions aren’t being made to correct what’s wrong.”

In the electronic vote, 94 per cent of the province’s 9,000 unionized teachers had their say Tuesday evening and 61 per cent said no to the deal.

The tentative contract offered a wage increase of three per cent over four years, but began with a wage freeze in the first two years.

However, Falcone said the issue is “absolutely” not about salary, but major problems like insufficient training and resources for special education, and the minister’s Action Plan that involved public consultation instead of evidence-based research.

Many of the plan’s changes don’t help the system, Falcone said, but are about bowing to public perception — like lengthening school days.

Longer days won’t help kids who are missing time for various



Stephen McNeil METRO FILE

reasons or struggling when class sizes stay at 35 to 40 students, Falcone said, and teachers are just stretched thinner.

Removing administrative forms and data tracking would also help, Falcone said, since teachers “aren’t statisticians” but are asked to collect information they don’t really know how to use.

“We’re working so hard try-



Shelley Morse CONTRIBUTED

ing to prove that we’re improving, that we don’t have time to actually improve,” Falcone said.

Although the Nova Scotia Teachers Union had recommended teachers vote yes out of concern the province could legislate a worse deal, president Shelley Morse said the vote shows their members want them to go back to the bargaining table.

“Address those needs that

everyone in the government has ignored ... for many, many years,” Morse said Wednesday.

“They’d just decided they’d had enough.”

Morse said the vote hasn’t divided the union, but shows how upset teachers were that government would threaten legislation to get an agreement passed.

The union will talk with members over the following days to see what the next steps are, Morse said.

Premier Stephen McNeil has said he is “disappointed” in the rejection and is open to talking with the union but won’t offer more on salaries.

Falcone said he would take the same wage deal in a contract that addressed workplace concerns, and hopes government does “the right thing.”

“Our children are not political footballs,” Falcone said. “They’re too important for us to be playing with their futures in this way.”

LEGISLATION

The premier has raised the possibility of legislation after another union followed the teacher’s rejection by delaying their vote.

Stephen McNeil said Wednesday although legislation was being drawn up after teachers rejected the offer, no decision has been made whether to use it.

The Nova Scotia Government and General Employees Union (NSGEU) said Wednesday it was delaying a vote on a tentative contract with the province after the move by the teachers.

McNeil said the government is open to talking, but won’t budge on wages.

“The financial terms ... on the table will be no better,” he said. “We have no more revenue to put into wage increases.” THE CANADIAN PRESS

Space supporting 'little guys'

SOPHIE'S PLACE

Retail store evolves to help entrepreneurs



Rebecca Dingwell
For Metro | Halifax

Mickey MacDonald wants to bring more small businesses to Spring Garden Road.

"With the shopping centres (such as) Halifax, Mic Mac Mall — their prices are really pricing out the little guys," the Halifax entrepreneur and former owner of Mills Brothers said on Wednesday.

Mills Brothers opened in 1919, and MacDonald bought it in 2007. About five years later, Lisa Gallivan and Candace Thomas took ownership of the Spring Garden retailer.

In July of this year, Gallivan and Thomas put out a news release saying the store had closed and gone into receivership.

Recently, MacDonald rebranded the old Mills location as Sophie's Place. The name,



Victoria Orrell adjusts a display at House of Moda on Wednesday. They are one of the stores in the recently rebranded Sophie's Place on Spring Garden Road. JEFF HARPER/METRO

he said, was inspired by his daughter.

"Mills Brothers was its own department store, basically, and Sophie's Place is kind of a place for entrepreneurs to come and set up a small busi-

“There's been a lot of life that has been brought back into the building. Victoria Orrell, House of Moda

ness so they can get a start,” said MacDonald.

Sophie's Place is currently home to Lily's Lingerie, House of Moda and several other shops.

"These owners are very passionate about their businesses," said MacDonald.

According to the website, a new business called Be Gorgeous is "coming soon." However, there is still space that has yet to be leased.

"I'm trying to get higher-end quality little boutiques in there... where people can buy unique stuff."

Victoria Orrell, a staff member at House of Moda, said she's been seeing regular customers as well as new ones.

Orrell worked at the independent jewelry store at Mills a couple years ago before leaving due to her studies. Now that she's back, Orrell sees how things have changed.

"It's really nice to see this location being used again by businesses," she said.

"There's been a lot of life that has been brought back into the building."

So far, Orrell has found the customer responses to be positive.

+ GROWTH

Short-term pain means long-term gain

Mickey MacDonald says it's a "good time to be on Spring Garden Road."

But he sees the challenges construction presents for downtown businesses.

"There's no parking," he said. "It's really making it tough for the customers."

Since construction of the Nova Centre began, businesses have been vocal about the impact on their consumer traffic.

In the long run, MacDonald feels it will bring more shoppers — especially with condo construction.

"It's got to be a revitalization because of all the people that will be down there now," he said. "There's going to be a lot of people downtown and a lot of people walking around, so I think there's going to be a lot of money spent down there."

REBECCA DINGWELL/METRO

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ACCESS-A-BUS

Taxis could be an option



Zane Woodford
Metro | Halifax

Halifax isn't doing enough for people with disabilities according to a man who spoke at regional council's committee of the whole on Wednesday.

Jerry Post lives in south-end Halifax, and uses a wheelchair to get around the city.

During the public input portion of Wednesday's meeting on the city's 2016 capital budget, Post said he's been disappointed in what he calls a lack of action.

"I'm encouraged by what I see from council, but it doesn't seem to filter through to any action on the ground," he said.

He suggested paying for taxis for wheelchair users rather than using the more expensive Access-a-bus service for shorter trips.

Post asked the committee to hold off on investing in more Access-a-buses — something already in the preliminary budget — and instead work with the taxi industry to create a pilot project.

He said it could actually save the city money.

7

The public will have at least seven more chances to give input at committee meetings, and can use the online budget allocator at any time.

Post was the only member of the public to speak during the public input portion of the meeting, and he said he didn't know he had the opportunity till Tuesday.

IN BRIEF

Fishing boat fire may have been result of arson: Police
Police are investigating the suspected arson of a fishing boat.

At about 1 a.m. on Nov. 29, police responded to a complaint of a boat on fire at the A.F. Theriault Shipyard.

Police say a preliminary investigation determined the boat was out of the water awaiting repairs when it caught fire. The fire was quickly extinguished by the

Meteghan Fire Department. The investigation is ongoing, with the help of the Fire Marshall's office. METRO

Boy accidentally shoots himself in hunting mishap

RCMP report that a 12-year old boy accidentally shot himself while hunting in Nova Scotia.

RCMP spokesman Const. Mark Skinner said the boy was hunting with a 39-year old man on land adjacent to the Lynn Mountain Road

when the boy accidentally shot himself in the shoulder. Cumberland RCMP, EHS and Springhill volunteer firefighters responded to the 911 call on Nov. 27.

The child suffered a non-life-threatening injury, but was transported to Halifax for medical treatment by a EHS's LifeFlight helicopter.

"The investigation is ongoing, but at this point it appears it was a hunting accident," Skinner said.

TC MEDIA

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WWF CANADA

Wildlife
org nets
ex-MP

Megan Leslie, former Member of Parliament for Halifax, has joined the oceans team of World Wildlife Fund (WWF) Canada.

Leslie said she was approached about the job by WWF-Canada CEO David Miller.

"He sold it to me 100 per cent," Leslie said Wednesday. "I think World Wildlife Fund is doing great work."

Leslie pointed to the organization's work in British Columbia on the Marine Planning Partnership, which led to a collaborative agreement about the protection of the province's marine environment.

"They really understand that you can't conserve nature and succeed in protecting the environment unless community is somehow a part of it," she said.

Leslie will be working in a senior advisory role, bringing her political knowledge to the table to help implement WWF's new five-year plan.

According to a release, WWF's oceans program works in the Arctic, Atlantic and Pacific Oceans, seeking to conserve and protect areas for marine life. Its work focuses on engaging local communities in conservation in ways that support sustainable employment.

Leslie's initial appointment starts in June 2016.

"There's a really incredible team of working at WWF-Canada," said Leslie.

Leslie had been Halifax's MP since 2008 before losing the seat to Liberal Andy Fillmore in October's federal election.

REBECCA DINGWELL/FOR METRO



Megan Leslie
JEFF HARPER/METRO



Michael Prosserman, Unity founder and breakdancer, shows off some skills at the Halifax Central Library on Wednesday. JEFF HARPER/METRO

New breakdancing hub pops, locks at the library

RECREATION

Youth program a place to meet peers and bust some moves



Haley
Ryan
Metro | Halifax

A new hub at the Halifax Central Library might unite teens in breakdancing but leads to a lot more than that, according to the program's founder.

UNITY Charity launched the

Halifax Community Hub Wednesday evening, where young people aged 14 to 22 can come breakdance, connect with a mentor and release stress and anxiety through creativity.

"We're pretty pumped," said UNITY founder and B-boy Michael Prosserman, who started the project when he was in high school in Toronto 12 years ago.

"For us it's all about confidence and believing in yourself."

While everyone in the free project may not necessarily be the next hip hop star, Prosserman said passion can always help in a job interview or knowing where to aim a career.



It's a very empowering tool.

Michael Prosserman

"We teach the youth in our programs to just find something they love to do and then everything else will begin to matter," he said.

Prosserman was in town for the launch Wednesday, and said he's happy to see an expansion in Halifax since the charity began reaching out to high schools in the Halifax and Dartmouth

in 2009.

Until now, the only hub has been on Grafton Street in DANSpace for the past couple of years, Prosserman said, with programs led by beat-boxer Branden "Haste" Taylor.

With the new Central Library space, teens can attend Dance Mondays in the Paul O'Regan Hall as well as Beatboxing Tuesdays at DANspace, weekly from 5 to 7 p.m.

Any teens are welcome to come, Prosserman said, since those seeking out the program are likely looking for something, whether it be a safe space or role model.

"They use hip hop as a voice because you don't need money or anything to really do it, you just need your body," Prosserman said.

Taylor and the local group of artist mentors were able to launch the Central Library space thanks to a \$15,000 grant from Medavie Health Foundation, Prosserman said.

"Without the support of the community it wouldn't be possible," Prosserman said.

"We're excited to finally be building really great local relationships with ... organizations that believe in us."

PEDESTRIAN AND CYCLING INFRASTRUCTURE

Public meeting for Devonshire Ave.



Rebecca
Dingwell
For Metro | Halifax

Halifax-area residents are getting the chance on Thursday night to weigh in on possible improvements to pedestrian and cycling infrastructure on Devonshire Avenue.

The proposed changes include new pedestrian ramps to cross Devonshire Avenue at Barrington street. These ramps will make sidewalks accessible to wheelchairs, scooters and strollers.

In addition, bicycle lanes from Isleview to Barrington streets will be put in place. In the plan overview, HRM says these will not be "protected" bike lanes, as there is not enough space between the curb and the median.

If approved, these changes will have a number of impacts on the area. For instance, the number of lanes on Devonshire will be permanently reduced from four to two. However, on-street parking will not be affected there.

According to HRM, the project is at the preliminary design

+ WHERE, WHEN

An open house will be held from 7 to 8:30 p.m. Thursday at the Needham Community Centre in Halifax.

stage. Before it can be put into action, council needs to approve the changes to vehicle and parking lanes that make the bicycle lane possible.

If council gives the go-ahead, the work could occur in 2016.

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Pupils at King Edward VI High School for Girls change classrooms for different subjects in Birmingham, England.

GETTY IMAGES

What to wear

EDUCATION

School board seeks opinion on uniforms for students

A school board in Nova Scotia wants to get a feel for people's feelings about school uniforms.

At its Dec. 1 monthly meeting, the Tri-County Regional School Board approved a motion — although not unanimously — directing the superintendent to have principals get feedback from school advisory councils on their opinions when it comes to school uniforms.

At this stage the board has not had any specific discussion on the issue. The idea behind fielding opinion will help the board determine whether it is worth its while to continue to look at the issue.

When the matter came up briefly at the board meeting, superintendent Lisa Doucet pointed out that the uniform is an issue that some other boards have never looked at. For others, she said, it's ended once it's gotten to the school advisory council (SAC) level because there hasn't been support for the idea.

"I would suggest that if this is something that the board wants to investigate further, that we do look to our principals to go to their SACs before we would have any more discussion or debate at the table here," Doucet said.

A discussion over uniforms had come up during a November education committee level. But board member Faye Haley, who chairs that committee, said there hasn't been any talk over specifics.

"It was just in general terms, it had come up at an earlier meeting and was brought back up. There hasn't been any serious discussion," Haley said, adding when the idea of uniforms had come up once before there was some talk about what the nature of uniforms might be.

"There were different takes on that but it could be something like dark pants or a skirt, or a white shirt, that kind of thing as opposed to what we tend to think of when we think of uniforms," she said.

"I can see pros and cons, either way. It puts everyone on a level playing field. The con is, I think in many cases, unless you really hardline it, kids are inventive, they're going to find all kinds of ways to look different."

TC MEDIA

If we're going to ask students to wear uniforms, I think at board meetings we need to wear uniforms — and I don't think that's going to fly.

Board member Michel Alden Fells

IN BRIEF

Nova Scotia introduces new law to cut red tape

Nova Scotia wants to reduce red tape through legislation that would also measure the province's progress in cutting the regulatory burden for business.

The bill also sets a target to achieve its goals because it expires five years after coming into effect.

A new office recently created by Nova Scotia, New Brunswick and Prince Ed-

ward Island would produce annual progress reports.

The office is responsible for co-ordinating regulatory reduction efforts in the Maritimes.

Nova Scotia's effort has received support from the Canadian Federation of Independent Business.

The province says its legislation brings it in line with Ontario, Saskatchewan and British Columbia.

THE CANADIAN PRESS

Counsellors offer support following fatal car crash

The Strait Regional School Board had counsellors on hand Wednesday to help students and staff who are grieving the loss of a teacher and two young people in Cape Breton.

The board issued a statement expressing its sympathies to the school communities of Richmond Education Centre and Felix Marchand Education Cen-

tre.

Police say the three people were killed in a four-vehicle pileup Tuesday in Port Malcolm, about 20 kilometres from Port Hawkesbury.

A 26-year-old woman and a 12-year-old girl, both from Louisdale, died at the scene.

The front seat passenger, a 13-year-old girl from Mexico, died in hospital.

THE CANADIAN PRESS

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We could be home by Christmas!
Thanks Santa.
Love, Brooklyn

Exhibit brings a taste of a galaxy far, far away

BACKSTAGE PASS

Dart Wars opens Friday, putting a spin on Star Wars

Aly Thomson
For Metro | Halifax

As excitement for Star Wars: The Force Awakens reaches a fever pitch across the globe, a local art gallery is paying tribute to the famous franchise with a new exhibition.

Dart Wars, opening Friday at the Dart Gallery on Portland Street, features an array of Star Wars-inspired works, from paintings to pillows.

"With the new movie coming out, we thought it was the perfect opportunity to do a Star Wars show," said Eric Miller, who helped organize the event.

"Ever since the new trailer came out, it's been all Star Wars all the time. So we decided to put our own spin on it."

There are roughly two dozen local artists who have created pieces for the



Artist Eric Miller shows off one of his pieces from the show at the Dart Gallery last week. JEFF HARPER/METRO

exhibition in an array of styles.

France Arruda has made ceramic Stormtrooper, Yoda and Darth Vader ornaments, while Reject Jewelry has designed necklace pendants and key chains that feature famous



France Arruda's R2-D2 vase. JEFF HARPER/METRO

Star Wars characters.

Meanwhile, Pierre Tabbiner has created a painting of a snowy Chewbacca, and Donald MacIntosh has made artwork of a Stormtrooper with bullet holes in its helmet. The Star

Wars exhibition is the Dart Gallery's latest pop-culture-themed show. Miller, who helps gallery owner Jane MacDougald curate the events, said it's about making art accessible to everyone.

"Some of the other galleries around town, unless you're willing to spend hundreds of dollars, there's no way you're going to leave with a piece," said Miller, who has created a screen-printed poster of

the Battle of Hoth for the show.

"It's going to be a really cool mix of mediums and many of them are very affordable."

Miller, who owns Dartmouth Clothing Company, said prices at Dart Wars will range anywhere from \$20 to \$500.

The much-anticipated Star Wars: The Force Awakens opens on Dec. 18.



CRIME

Another robbery near the Common

Halifax police say they're now investigating another robbery near the Common, on top of six others reported in the last four weeks.

A release from police says on Nov. 19 from 9 p.m. to 9:30 p.m., a 21-year-old man was threatened with a knife and assaulted with a sensory irritant before being kicked to the ground near the skating oval.

Police say the man's wallet and headphones were stolen, and he wasn't injured.

They say the robber took off on foot.

He's described as a man standing about six-foot-five, wearing dark clothing with a bandana covering his hands.

Police say they're investigating whether this incident is connected with others in the same area.

They also say they've beefed up their presence in the area with "special checks and foot patrols," and they're asking for the public's assistance in finding suspects in the rash of assaults. METRO

ELMSDALE

Location set for aquatic centre

The location of the new East Hants Aquatic Centre in Elmsdale has been announced.

Municipal employees have been working in conjunction with Choice Properties REIT on a proposal to locate the new centre on the property that is anchored by an Atlantic Superstore on Highway 214 in Elmsdale.

Jim Smith, the warden of the Municipality of the District of East Hants, said they were pleased to work with the company on this development.

"Their willingness to explore options with us for the new aquatic centre demonstrates a desire to enhance and grow our community," said Smith in a press release.

Final details are being ironed out. For more information on aquatic programming, visit the municipal website at easthants.ca. TC MEDIA

PARKS CANADA

Moose cull at national park resumes

A Parks Canada plan to reduce the moose population on Cape Breton Highlands National Park through a cull for Mi'kmaq hunters resumed Wednesday.

The agency launched the hunt in November, but it was temporarily called off when about 30 protesters entered a restricted zone and confronted the hunters.

The cull is part of a four-year study of the impact of a small-scale moose hunt on the vegetation in a 20-square-

kilometre area near North Mountain.

Parks Canada says the 960-square-kilometre park has too many moose, which are eating so many young trees that the park's boreal forests are being transformed into grasslands that don't support certain species.

"This harvest will help restore the health of Cape Breton Highlands National Park, so that we don't lose the diversity of the forest ecosystem," the agency said in a

news release.

The population density for moose in the park is 1.9 per square kilometre, which is roughly four times the level found in other areas where moose live.

The RCMP says it worked collaboratively with Parks Canada to develop a security plan this time to ensure the safety of everyone involved, but would not say whether security is tighter now than during the mid-November cull.

Parks Canada has restricted

public access on North Mountain during the harvest except to allow through traffic along the Cabot Trail.

"Public safety for all involved will continue to remain Parks Canada's top priority," the agency said.

The long-term plan for the park is to reduce the moose population — estimated at 1,800 — by 90 per cent.

The Nova Scotia Federation of Hunters and Anglers agrees there are too many moose in the park, but argue

staff should scrap the idea of a cull and instead organize a seasonal, managed hunt that would include offering a limited number of licences to hunters across the province.

"We don't understand why Parks Canada in Nova Scotia is trying to reinvent a national park hunt. It just doesn't make sense when they've got a model ... that works," said Ian Avery, president of the Nova Scotia Federation of Hunters and Anglers.

THE CANADIAN PRESS



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BROKEN BONDS | PART III

Former inmate and prisoner advocate Mo Korchinski. The idea of mothering a child while in jail “forced you to look deep ... and that started the healing process,” she says. JENNIFER GAUTHIER/FOR METRO

For incarcerated women, motherhood can be life-changing. One jail in B.C. was helping inmates make the most of that opportunity. Now, the fight is on to ensure that it still can.

‘Everybody needs hope’

Sidney Cohen
For Metro

“If you consent to this call being recorded, and if you accept this call as a collect call, dial one now.”

It's June 10, and the automated message indicates Melody Hutchinson is calling collect from a payphone inside Alouette Correctional Centre for Women.

Hutchinson is 25 and indigenous, from Trail, B.C. She is pregnant and due to give birth about two weeks before her release at the end of July.

Hutchinson is trying, desperately, to access Alouette's mother-baby program, which allows women who give birth while incarcerated to live with their children inside jail.

“They're not even giving me a chance. My son's not even born yet. People make mistakes, but people change,” Hutchinson says.

The program ran from 2005-2008 before being shut down. Inmates then challenged the closure in court, on constitutional grounds. In 2013, a B.C. Supreme Court judge ruled that cancelling the program violated the charter rights of mothers and babies to be together.

Following a \$163,000 renovation, B.C.'s Ministry of Justice announced the reopening of Alouette's mother-baby unit in June 2014. But since then not one inmate has been allowed to participate.

Hutchinson says she has been in and out of jail since she was a teenager and had a “crazy

childhood.” Her father was a musician who travelled a lot when she was young, she says, and her mother was an addict. She spent time in foster care and youth corrections. She tried crack for the first time at age 13.

Hutchinson has two other young children who live together with adoptive parents in Coquitlam. When she found out she was pregnant for a third time

“It doesn't take rocket science to keep a baby with a mother. It takes motivation at the top levels.”
Dr. Ruth Elwood Martin, UBC Centre for Prison Health and Education

last fall, Hutchinson says, “I just wanted to change my life. I was freaked out and I didn't want to lose my son.”

In February, Hutchinson says, she relapsed after several months off drugs.

Her brother was about to go to jail for a long time on weapons charges, and they partied on and off for three weeks. She was arrested in March for theft breaching her bail.

“All I want them to see is that I'm trying,” Hutchinson says. “To have someone from the ministry be like, ‘You know what, we're here to help you, OK? And if you can commit to this goal, than we will help you succeed.’”

Time's up and the call is cut.

Hutchinson served four months at Alouette. She gave birth on July 5, but her baby boy was not admitted to Alder, Alou-

ette's mother-baby unit. Instead, he was put into foster care.

Decisions about who can participate in the program are made by B.C. Corrections on a case-by-case basis. The branch looks at “each woman's risk assessment, history of offences or any court orders prohibiting contact with children,” said a B.C. Ministry of Justice spokesperson in an email sent June 3.

If there's a suggestion the child may be at risk, the Ministry of Children and Family Development (MCFD) will get involved.

“If a woman has applied to the Mother-Child Program and MCFD has child protection concerns, BC Corrections waits for MCFD's independent decision to be made before finalizing the application,” wrote another justice ministry spokesperson.

While she was pregnant at Alouette, Hutchinson took life-skills classes, she signed up for outpatient drug treatment, and she got letters of support from her lawyer and her father.

But MCFD was skeptical. “They're basically saying there's not enough supervision, that I'm high-risk for my kid,” she said during the June 10 phone conversation. “I'm just so freaked out.”

Dr. Ruth Elwood Martin is director of the University of British

Columbia's Collaborating Centre for Prison Health and Education and was a physician at Alouette during the mother-baby program's first iteration. She says that, in order for the program to work, all the ministries need to be on board.

“What needs to happen is political will to have the different ministries — Health, Children and Family Development, Justice — to actually collaborate over finding a way to keep the babies with their mothers while the mothers are incarcerated.”

Brenda Tole, a former Alouette warden who oversaw the creation and operation of the mother-baby program, agrees.

“You have to have the initiative to work with all of those ministries and community agencies to bring back all that support, and I'm not sure ... if the will is there to do that. What's happening right now is they're just saying that the Ministry of Children and Families is not supportive, it's not in the plan. Well, really, their only other plan is foster care and that's a terrible outcome,” she says.

“I almost wish that a lot of the people who have control over this could have a direct conversation with someone that's lost their baby.”

Advocates say that Alouette, though not ideal, is a practical place in which to introduce a woman to motherhood and to teach approaches to parenting.

The jail's premises are surveilled 24 hours a day, there is

a drug-and-alcohol counsellor and parenting classes, and the health care centre is attached to the mother-baby unit.

Mo Korchinski, a prisoner advocate and former Alouette inmate, says that a lot of women entering jail have lost hope. They are living on the streets, killing themselves slowly with drugs and alcohol.

Like many addicted women who wind up in jail, Korchinski lost her kids when she became an addict. “(The mother-baby program) forced you to look deep,” she says. “And those feelings of a mother — you couldn't deny them anymore 'cause it was right in your face, and that started the healing process.”

A recent Statistics Canada report found that 94 per cent of women in provincial jails struggle with substance abuse.

“Where is it going to change?” Korchinski asks, and then emphatically answers her own question: “It changes with the mother-baby program, because these women now have hope. ... Everybody needs hope and everybody needs a purpose in life.”

This summer UBC's prison-health centre published a set of guidelines and best practices for prison mother-baby programs. Advocates hope the guidelines will help meaningfully reactivate the Alouette's program, which, despite the province's assurances that it is available, has not hosted any of the three mothers, including Melody Hutchinson, who have given birth at Alouette since the program's 2014 reopening.

Broken Bonds

PART I

“A success story”

Tues. Dec. 1

PART II

“It all falls apart”

Wed. Dec. 2

PART III

“What now?”

Thurs. Dec. 3

Today Hutchinson is working full-time and living in Terrace B.C., near her father. She's struggling to recover her son from the foster family he was placed with while she was in jail.

“Her son's here in Maple Ridge and they won't transfer him up,” says Korchinski, who's trying to help Hutchinson get custody of her baby. “She has to take a 28-hour Greyhound bus ride down here to see him, and she gets a two-hour visit a day, and she has to take a week off at work.”

Korchinski says Hutchinson's going to keep fighting to get her son back, but it's harder now that he's growing attached to his foster family.

Each time Hutchinson visits her son, Korchinski says, she will “go through that all over again.” “I was with her when she went and visited him. I was in tears for her.”

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Children of war on their way

SYRIAN REFUGEES

Families await flights to Canada in Irbid, Jordan

Here are the children of war. Some were born in exile in Jordan, while others watched their homes in Syria being destroyed and then had to flee the conflict with anxious parents and frightened siblings.

Now their young lives are about to undergo another profound transformation.

If all goes well, these children — and their families — will be resettled in Canada, once Canadian officials in Amman complete medical and security screening and issue them immigration documents.

The children, from five different families from towns in southern Syria, have been living in Irbid, in northern Jordan, and were photographed by Canadian Press journalist Paul Chiasson.

Some are coming to Canada under the private sponsorship program, while others are in the

government-sponsored stream.

The refugees know how fortunate they are. As Canada's massive humanitarian mission gets underway, other Syrians are calling the International Organization of Migration, begging to be among the 25,000 Syrians Canada has promised to bring here by the end of February.

"Syrians are reading about the Canadian mission in the press and they are very media savvy. Word gets out fast. We have to tell them to take their case to the UN," said Craig Murphy, with the IOM in Jordan.

On Sunday the IOM opened a processing centre on behalf of Canada in a military hangar in Marka, north of Amman. Officials have begun interviewing hundreds of Syrians a day.

The first plane of Syrian refugees is expected to be in the air by mid-December, said Murphy.

Refugees from both Jordan and Lebanon will fly through Amman, boarding Royal Jordanian charter flights in groups of 300 or 350 bound for Toronto or Montreal.

"As soon as we have a threshold of 300 people who are travel-ready we will have



1



2



3



4

All photos taken in Irbid, Jordan. **1 Tammim, 6, from Kherbet Ghazala** — His family came to Jordan in 2013, after heavy shelling in their village. **2 Abedr, 2, from Kherbet Ghazala** — She is the youngest of four. Her father lost both his businesses in Syria to violence and shelling. **3 Braa, 3, from Tal Shehab** — Her family was originally hoping to go to the U.S. but now favour Canada because they feel it will be more welcoming towards Muslims. **4 Mohammad** — He is baby brother of Tammim and was born in Jordan.

our first charter flight," said Murphy. "I expect a very quick turnaround time."

The United Nations High

Commissioner for Refugees is in charge of referring the cases to the IOM, for a second set of interviews. The UN is focusing

on families, single women and the most vulnerable, following Ottawa's direction.

THE CANADIAN PRESS

1,015

The number of permanent resident visas issued, but refugees have yet to arrive.

41,050

The number of text messages sent to potential refugee applicants interested in coming to Canada.

9,090

The number of refugee resettlement applications currently being processed.

271

The total number of Syrian refugees who have arrived in Canada.

IMMIGRATION

Canada could welcome 50K refugees by end of 2016: Minister

The federal government has already issued 1,015 permanent resident visas to Syrian refugees destined for a new life in Canada. Meanwhile, the federal government Tuesday signalled Canada could welcome as many as 50,000 refugees by the end of 2016.

"The number of refugees is likely to be in the order of 35,000

to 50,000," Immigration Minister John McCallum said Wednesday after consulting with several provinces and territories over the numbers they will be able to take. "That's not yet in the official plan, but based on the discussions we've been having, it's likely to be in that order."

An estimated 271 Syrian refugees

have been resettled in Canada since Nov. 4, with thousands more expected provided Ottawa finds sufficient airline capacity from Jordan and Turkey.

Those flights could begin as early as Dec. 10. Toronto's Pearson airport is preparing a rarely used terminal that will be dedicated to processing the

66

The number of refugees is likely to be in the order of 35,000 to 50,000

John McCallum

refugees. The Canada Border Services Agency will oversee the processing of the refugees at the terminal.

It was the first of what is expected to be weekly briefings on the Liberal government's efforts to take in 25,000 Syrians by the amended deadline of the end of next February, and as many as

twice that number by the end of 2016, it now appears.

McCallum said Tuesday that the federal government needs to do a better job of communicating both the challenges and successes of that campaign pledge, in order to keep Canadians informed and on board with their effort.

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PARLIAMENT OPENS

Immediate priorities focus of throne speech

The Trudeau government's first throne speech is likely to be one of the shortest in Canadian history.

Insiders say the speech, to be read by Gov. Gen. David Johnston on Friday, will be little more than a list of the new Liberal government's immediate priorities, with minimal rhetorical flourishes and no surprises. It won't mention every federal department. It won't recap every single promise made by Prime Minister Justin Trudeau during the federal election campaign.

Rather, it will be a brief recitation of the urgent promises Trudeau intends to move on over the coming year — those aimed at improving the lot of struggling middle-class Canadians foremost among them.

The brevity and tight focus of the speech is modelled on throne speeches in the mother of Parliaments in the United Kingdom, which typically run less than 1,000 words and takes the Queen less than 10 minutes to read.

But while Liberals are still basking in the afterglow of their upset victory on Oct. 19, their triumphant return to the government side of the aisle in the Commons has been dampened by news that one of their veteran MPs, Mauril Belanger, who had been in the running to become Speaker, was diagnosed late last week with amyotrophic lateral sclerosis — ALS or Lou Gehrig's disease.

He withdrew from the race on Monday.

THE CANADIAN PRESS

IN BRIEF

U.S. expects NATO allies to step up: Kerry

U.S. Secretary of State John Kerry has delivered a tough, unambiguous message to NATO members, including Canada, saying the United States expects them to do more in the fight against the Islamic State in Iraq and the Levant.

The blunt talk on Wednesday was particularly significant for Justin Trudeau's Liberal government, which has pledged to end the Canadian bombing campaign and refocus the military commitment on training local forces, including police.

"I called on every NATO ally to step up its fight against Daesh," Kerry said, using the Arabic reference for the ISIL.

THE CANADIAN PRESS



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What is known so far

• Lt. Rich Lawhead said Wednesday that a call came in just before 11 a.m. PST that multiple shots had been fired in the area of the Inland Regional Center. Lavinia Johnson, executive director of the Inland Regional Center, told CNN that somebody pulled the fire alarm, and shortly after, the building went into lockdown.

• San Bernardino police spokesman Sgt. Vicki Cervantes told The Associated Press there were reports from witnesses of one to three gunmen.

• As the manhunt went on, stores, office buildings and at least one school were locked down in the city of 214,000 people about 100 kilometres east of Los Angeles, and roads were blocked off.

• The Inland Regional Center provides services for more than 30,000 people in the region with developmental delays and their families, and employs 670 staff according to its Facebook page.

"As an agency among agencies, Inland Regional Center co-ordinates with generic services to normalize the lives of people with developmental disabilities and their families by working to include them in the everyday routines and life rhythms of the community and by facilitating needed supports for them," the Inland Regional Center's Facebook page reads.

• Brandon Hunt, an employee at the Inland Regional Center, told CNN that there was a banquet for county personnel inside the building and that the shooting happened in the auditorium. There were about 500 IRC employees inside the building, Hunt said. "Employees were locked in offices, closets, just to try and stay safe," he said. TORSTAR NEWS SERVICE

Shooting in California centre leaves 14 dead

SAN BERNARDINO

One of three suspects shot by officers in standoff

Police say one suspect in the deadly shooting at a social services facility in Southern California has been shot in a gun battle with officers.

San Bernardino police Sgt. Vicki Cervantes said Wednesday that there is still possibly a suspect "outstanding."

Cervantes would not elaborate, and the condition of the suspect was not known. She says an officer was hurt in the shootout and went to hospital with injuries that were not life-threatening.

Authorities say gunmen killed at least 14 people and wounded more than a dozen others at the Inland Regional Center in San Bernardino in what authorities described as a targeted mission.

It was unclear if the suspect was one of the gunmen, but police earlier said the attackers may have fled in a dark SUV.



We have a pattern now of mass shootings in this country that has no parallel anywhere else.

U.S. President Barack Obama

Police shed no light on a motive for the nation's latest mass shooting, which came five days after a gunman opened fire at Planned Parenthood in Colorado, killing three.

"They came prepared to do what they did, as if they were on a mission," San Bernardino Police Chief Jarrod Burguan said, noting the attackers carried long guns — which can

mean rifles or shotguns.

Witnesses said several people locked themselves in their offices, desperately waiting to be rescued by police, after gunfire erupted at the Inland Regional Center, which serves people with developmental disabilities.

FBI agents and other law enforcement authorities converged on the centre and searched room to room for the

attacker or attackers, Burguan said. But he said they might have escaped in an SUV.

No weapons were recovered at the centre, though authorities were investigating unidentified items in the building and brought in bomb squads, Burguan said.

Ten of the wounded were hospitalized in critical condition, and three were in serious condition, San Bernardino Fire Chief Tom Hannemann said. Police cautioned that the number of people killed and wounded were preliminary estimates that could change. TORSTAR NEWS SERVICE



1 A SWAT team arrives near the scene of a shooting in San Bernardino, Calif. As many as three gunmen opened fire at a social services facility. 2 Women speak with a firefighter at the triage area 3 A police helicopter hovers over the Inland Regional Center. LOS ANGELES NEWS GROUP/THE ASSOCIATED PRESS



MIDDLE EAST

ISIL killing gay men in Syria and Iraq

Before a crowd of men on a street in the Syrian city of Palmyra, the masked Islamic State of Iraq and the Levant (ISIL) judge read out the sentence against two men convicted of homosexuality. They would be thrown to their deaths from the roof of the nearby Wael Hotel.

He asked one of the men if he was satisfied with the sentence. Death, the judge told him, would help cleanse him of his sin.

"I'd prefer it if you shoot me in the head," 32-year-old Hawas Mallah replied helplessly. The second man, 21-year-old Mohammed Salameh, pleaded for a chance to repent, promis-

ing never to have sex with a man again, according to a witness among the onlookers that sunny July morning.

"Take them and throw them off," the judge ordered. Other masked extremists tied the men's hands up and blindfolded them. They led them to the roof of the four-story hotel, according to the witness, who spoke in Reyhanli, Turkey on condition he be identified only by his first name, Omar.

Notorious for their gruesome killing methods, ISIL reserves one of its most brutal for suspected homosexuals. Videos it has released show militants dangling

men over the precipices of buildings by their legs to drop them head-first or tossing them over the edge. At least 36 men in Syria and Iraq have been killed by ISIL militants on charges of sodomy, according to the New York-based OutRight Action International.

A 26-year-old Syrian gay man told The Associated Press that even two years after fleeing to Turkey, he wakes up shaken by nightmares that he is about to be hurled from a building. The man spoke on condition that he be identified as Daniel Halaby, the name he now uses in his activism tracking ISIL atrocities.

THE ASSOCIATED PRESS



Daniel Halaby shows a photo of militants throwing a man off a roof. HUSSEIN MALLA/THE ASSOCIATED PRESS

FIGHTING ISIL

Kurds' leading role complicates alliance

Drawing on thousands of combatants from Syria's mix of religious and ethnic groups, a U.S.-backed alliance called the Syrian Democratic Forces has emerged as the most effective fighting force against the ISIL group.

But the dominant role of Kurdish fighters in the alliance is a concern for majority Sunni Arab factions and their regional backers, raising questions about the group's future role in a broader political context in Syria.

The coalition already faces opposition from other groups fight-

ing to topple President Bashar Assad because those groups widely distrust the Kurds.

And while the coalition has been capturing territory steadily in northern Syria from extremists, it is hampered greatly by its inability to retake areas with a majority Sunni Arab population.

In a devastated landscape where extremists and Islamic groups largely preside, the Syrian Democratic Forces are the closest thing to an inclusive and moderate fighting force in Syria.

THE ASSOCIATED PRESS



INDIA FLOODS STRAND RESIDENTS People wade through a flooded street in Chennai, the capital of the south Indian state of Tamil Nadu, on Wednesday. Weeks of torrential rains have forced the airport in Chennai to close and have cut off several roads and highways, leaving tens of thousands of people stranded in their homes, government officials said Wednesday.

THE ASSOCIATED PRESS

Talks 'like seeing an action movie'

ENVIRONMENT

Climate deal negotiations likened to fictional plot

With world leaders back home, it's time for the hardcore negotiators to work on the more mundane guts of a climate deal, and they are being told to quicken their pace.

Generally, climate negotiations follow a certain rhythm, veteran negotiators and observers say. Wednesday is the middle of the nitty-gritty time when the building blocks of a deal start to form.

"It's like seeing an action

movie," said former U.S. climate negotiator Nigel Purvis, who is now president of Climate Advisers. "There's generally a plot, bad guys come to threaten the world. Eventually humanity rallies together and overcomes. That's the kind of thing that happens here."

For the next few days, negotiators will be working to get the less-controversial subjects finished and explore possible compromises on the bigger sticking points, all before work gets kicked up to higher levels. The lower-level negotiators have a Saturday-noon deadline to come up with language for a new text of a deal that narrows the options to something the big guns start with, according to French Foreign Minis-

ter Laurent Fabius, who is the president of the climate talks.

"We must speed the process up because we have much work to do," Fabius said at a Wednesday news conference. "Compromise solutions must be found as soon as possible."

A record number of world leaders gathering in one place to discuss the single issue of climate change sends a strong signal, United Nations climate chief Christiana Figueres said. Fabius called it "strong momentum," a phrase echoed later Wednesday by chief U.S. negotiator Todd Stern.

The key is for many issues to be settled by Saturday, Fabius said, who repeatedly mentioned the need to speed up negotiations. THE ASSOCIATED PRESS

REFUGEES

EU denies pact to bring 500,000 Syrians to area

Hungarian Prime Minister Viktor Orban said Wednesday he expects a German-led secret pact to be revealed soon that would bring up to 500,000 Syrians from Turkey directly into the European Union.

EU Commission vice-president Frans Timmermans, however, bluntly rejected Orban's assertion.

"I'll try to explain this in clear terms: nonsense," Timmermans said in Brussels.

THE ASSOCIATED PRESS

AFGHANISTAN

Amid rebuilding lies fear of unrest

Two months after the Taliban rampaged through the northern Afghan city of Kunduz, residents sift through rubble, wonder how they will rebuild and worry insurgents will return.

The Taliban swept into the strategic northern city in late September, holding it for three days and looting and destroying shops before being driven out by a massive counteroffensive backed by U.S. airstrikes.

The street by street fighting devastated wide swaths of

Kunduz at a time when Afghanistan's finances are stretched thin by a seemingly never-ending war. International aid is being scaled down alongside the withdrawal of most foreign troops.

The acting spokesman for the governor of Kunduz, Abdul Wasi Basel, said the priority was security, followed by restoring water, electricity and other services. Only then, he said, would government offices be rebuilt. THE ASSOCIATED PRESS



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Fifth grade students work on programming during their weekly computer science lesson at Marshall Elementary School in Marysville, Wash. The school joined a growing movement across the U.S. to expose more public school children to computer science. **THE ASSOCIATED PRESS**

Computer science is now child's play

EDUCATION

Kindergarten kids learning programming in new push

Moving her finger over the laptop trackpad, six-year-old Lauren Meek drags and drops a block of code to build a set of instructions. She clicks the "run" button and watches as the character moves through a maze. She then pumps her fist in excitement.

"Yes! This is so easy," says

Meek, a kindergartner at Marshall Elementary in Marysville, north of Seattle.

This fall, most elementary school students in the Marysville School District are getting 40-minute weekly computer science lessons as part of their core instruction — part of a growing effort nationwide to expose more public school children to computer science, even as early as in kindergarten.

Backed by technology leaders, nonprofits and companies, schools in New York, San Francisco and other cities have committed to offer computer science in all grade levels.

Currently, computer science is taught in only about one of four high schools nationwide with fewer in lower middle and elementary school grades. And only 27 states allow a computer science course to be counted toward graduation requirements in math or science, according to Code.org, a Seattle-based national non-profit.

But there's been a surge in interest in recent years. In 2015, nearly 49,000 students took the Advanced Placement exam in computer science, a 25 per cent increase from the previous year.

THE ASSOCIATED PRESS

IN BRIEF

Complaints regarding wireless services drop

Canadians had fewer official complaints about their wireless communication services but more concerns about their Internet plans, according to the latest report from the telecom industry's consumer watchdog. Internet complaints now account for 26.1 per cent of all telecom complaints, up by more than half since last year. Wireless complaints have dropped from more than 60 per cent of the total to 52.9 per cent.

THE CANADIAN PRESS

BoC keeps rate at 0.5%

The Bank of Canada left its interest rate unchanged at 0.5 per cent Wednesday at a time when the U.S. Federal Reserve is poised to hike its own benchmark for the first time in years. Canada continues to deal with the shock of already-low commodity prices, which have sunk even further and dragged down the loonie, it said.

THE CANADIAN PRESS

market minute

	DOLLAR 74.91¢ (+0.08¢)
	TSX 13,463.82 (-172.24)
	OIL \$39.94 US (-\$1.91)
	GOLD \$1,053.80 US (-\$9.70)
NATURAL GAS: \$2.165 US (-6.6¢)	
DOW JONES: 17,729.68 (-158.67)	

WEB CULTURE

Yahoo travels road taken by ex-rivals

Yahoo Inc. is mulling selling off its web portal and search engine, the brands that defined its rise in the late 1990s. Here's a look back to those heady dot-com days to explore Yahoo's former competitors.

ASK JEEVES

Launched in 1998, Ask Jeeves invited users to type in a full question for a more organic kind of query. By 2006, the company "fired" Jeeves and morphed into Ask.com.

AOL

AOL provided dial-up service to millions in the second half of the 1990s. In 1998, it bought Netscape and in 2001 it merged with Time Warner. Things went south from

there. Broadband gobbled up its dial-up customers and the dot-com bubble decimated its stock value.

ALTAVISTA

One of the first search engines in the late '90s, it was snapped up in 2003 for a mere \$140 million. Subsequently bought by Yahoo!, it folded into that search engine's index, and officially died in 2013.

MSN

Launched by Bill Gates the same day as Microsoft's Windows 95 more than 20 years ago, MSN is one of the few early pioneers to endure into the age of Google and Facebook. MSN is still the gateway to millions of Hotmail and Outlook accounts.

TORSTAR NEWS SERVICE

Ford pickup trucks top most-stolen list

An insurance industry association says pickup trucks are the hottest vehicle for thieves.

The Insurance Bureau of Canada says the Ford F-350 and F-250 models take up nine spots on its top 10 list of most frequently stolen vehicles. The



Ford F-350 and F-250 models take up nine spots on a top 10 list of stolen vehicles. **CONTRIBUTED**

other vehicle is a Cadillac Escalade SUV.

The insurance association says Canadian border guards are seeing shipping containers stocked with car and truck parts in an effort to fool inspectors. They say they have recovered more than \$10 million in stolen vehicles at the ports this year.

Rick Dubin, vice-president of the Insurance Bureau of Canada, says stolen vehicles are up one per cent in 2014 across Canada, with the biggest jump coming from a 29 per cent increase in thefts in British Columbia.

THE CANADIAN PRESS



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INTRODUCING HOLIDAY 2015

metr VIEWS

Your essential daily news

Thursday, December 3, 2015



EMMA TEITEL: ON A BORING BABYSITTING SCANDAL

I care so little about this supposed injustice that I would advise taking Nannygate nationwide: a national experiment in which any Canadian in an elected government position receives taxpayer-funded child care for the next four years.



Prime Minister Justin Trudeau is embroiled in a controversy involving his children's nannies, which in predictably Canadian fashion is a lot less titillating than it sounds. (The prime minister may be a certified stud, but he has very little in common with Jude Law).

It turns out that despite Trudeau's repeated criticism of the Conservatives' Universal Child Care Benefit — a policy he argued would unjustly benefit the wealthy — the Liberal PM's nannies are paid with taxpayers' money. "Special assistants" under the Official Residences Act, the two caregivers make average industry wages of \$15 to \$20 during the day and \$11 to \$13 an hour at night. It's hardly Watgate, but Nannygate, as it's recently been dubbed, is proof that the very wealthy Trudeau isn't merely getting a break on child-care costs, he's getting a free ride. No wonder people are peeved at the prime minister; the hypocrisy is impossible to deny.

leader of our nation — and hopefully the busiest person in it — receives tax-payer funded child care? After all, it's worth noting that unlike former prime minister Stephen Harper and his wife, Laureen, the Trudeaus have very young children and the new PM — while not the only parent on the road — is often away from home. While Sophie Grégoire-Trudeau has no official duties in the running of the country, the Liberal government maintains she will be "accompanying her husband to many events he attends in capacity as prime minister, including some international travel." Hence the nannies; being first lady is no walk in the park (anyone who watches Scandal should already know this).

So, to revise: Do we really care that the insanely busy PM and his insanely busy spouse are receiving taxpayer-funded child care? I know I don't.

In fact, I care so little about this supposed injustice I would

advise taking Nannygate nationwide: I would like to propose a national experiment in which any Canadian in an elected government position, no matter his or her station, receives taxpayer-funded child care for the next four years.

I know, it sounds like an absurd idea and a recipe for the flagrant abuse of public funds. But I am making this outlandish proposal because I am thoroughly annoyed by the reality that while we complain endlessly about the absence of quality political candidates, we are at the same time endlessly suspicious and critical of anyone who chooses to devote his or her life to civic service.

We wonder why — gender-balanced cabinet aside — women and lower-income people are underrepresented in most levels of government, when the reason is as plain as the nose on Trudeau's perfectly symmetrical face: Who in their right mind would want to do a job which —

even when well paid — is all consuming, humiliating and thankless?

Politicians, especially those far removed from the lofty heights of the PMO, aren't necessarily the recipients of too many perks — they are often the recipients of too few. You want to see better people run for office, people who aren't swayed by the prospect of power alone? Offer them free child care and, just for kicks, free dry cleaning, too! Otherwise watch the status quo continue to prevail, in which the only Canadians who campaign and govern in this country are people who can afford to.

"What's in it for me?" is a totally valid question when contemplating a career in a field that erodes a person's privacy, depletes her bank account and takes an astronomically high toll on her personal relationships.

No, Justin and Sophie do not need taxpayer-funded child care, and they certainly don't need free dry cleaning. It's entirely possible they don't need anything at all.

But if their first (and let's face it, rather lame) scandal sets a precedent for subsidized child care in the lives of leaders who don't make six figures, maybe it's less a scandal than it is a boon for public service. Because civic duty without meaningful perks doesn't preclude dishonest, cynical people from running for office; it precludes almost everyone else.

Emma Teitel is a national columnist for the Toronto Star. She has been a front-of-the-book columnist for Maclean's magazine for the past four years, focusing on a wide range of subjects including women's issues and popular culture. She won the National Magazine Awards gold award for columns in 2013.

ROSEMARY WESTWOOD

metroview

The Pirelli calendar isn't a feminist victory. It's all about Annie Leibovitz.

It's ridiculous to call the calendar a calendar — or even the product of Pirelli, the high-end tire company that pays for it.

It's all about Annie Leibovitz.

In the past, the company has let photographers do as they please while shooting the annual calendar/marketing play/exclusive photography collection that is reportedly only gifted to 20,000 VIPs.

Mostly, photographers shot sexy, naked or half-naked models. Even Leibovitz opted for clothes-free women in 2000, when she first shot the calendar, though her work then was on the artsy end of nude-pictorial continuum.

This time she's produced 12 moving portraits of mostly clothed women, chosen not for their erotic power but for their economic or cultural might.

"This calendar is so completely different," Leibovitz says in a promotional video.

But the difference is not so much a sign of the times as a sign of Leibovitz's politics.

"Believe me, I do not think naked girls are going out of fashion," says writer and subject Fran Lebowitz, before jumping on the bandwagon: "But it's interesting that people are interested in different ways of looking at women."

Are they? Or are they interested in being associated with Leibovitz, one of the world's most respected and highly paid photographers? She personally invited the

calendar's models — a comic star, a Hollywood producer, a tennis sensation, a modern-art matriarch. Many of them told the media that it was the chance to work with Leibovitz that persuaded them to pose.

Other women, and similar portraits, could have been shot a decade ago. There's nothing about this moment that's inhospitable to sexualized nudity, except, perhaps, the fear of being cliché. It's more a question of taste, in other words, than of politics.

If anything, you might hail this as a moment not for women, but powerful women, a depiction of female accomplishment at rarefied levels. That Leibovitz might want to celebrate that subculture shouldn't surprise — she belongs to it.

"To pay tribute to women at all ages who have accomplished something, it's quite a statement," says the Iranian artist and subject Shirin Neshat in the video.

Not quite. Yes, we should absolutely acknowledge women's accomplishments. We should absolutely celebrate beauty, clothed. But neither should be construed as synonymous with women's status in general.

The new Pirelli calendar is either Annie Leibovitz's ode to women of power, or their ode to Leibovitz, or both, destined for the walls of the elite few.

And Pirelli? It just wants to sell tires.

If (the Trudeaus') first scandal sets a precedent for subsidized child care for leaders, maybe it's less a scandal than a boon for public service.

But it would be a big mistake to let Trudeau's two-faced position on this matter prejudice us against the notion of taxpayer-funded child care altogether. In fact, for the purpose of this column, let's strike Trudeau's hypocritical stance from our minds entirely so that we can judge the issue separately from the scandal.

Do we really care that the

THE MICROTREND: Turning the frown upside-down



And you thought *your* yearbook photos of years past were embarrassing. In the 1910s, a murderous stare and toothless grimace were the norms. Researchers at the University of California and Brown University have published a digital analysis of 37,000 senior yearbook portraits from 1905 to 2013. They found the corners of our mouths have been steadily turning upwards for a century. Thanks to our increasingly casual culture — and perhaps modern dentistry — smiles have gotten wider, jollier and more revealing of pearly whites, with a noticeable shift around the 1940s. Smiling in snapshots was once considered idiotic and embarrassing. Richard Beard, the owner of Britain's first portrait-photography studio, instructed his 19th-century subjects to set their mouths in a stern line by saying not "cheese" but "prunes." SOURCE: THE WASHINGTON POST

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Thursday, December 3, 2015



Moz gets award for bad sex writing
Morrissey wins annual Literary Review Bad Sex award for a scene in his first novel, *List of the Lost*.

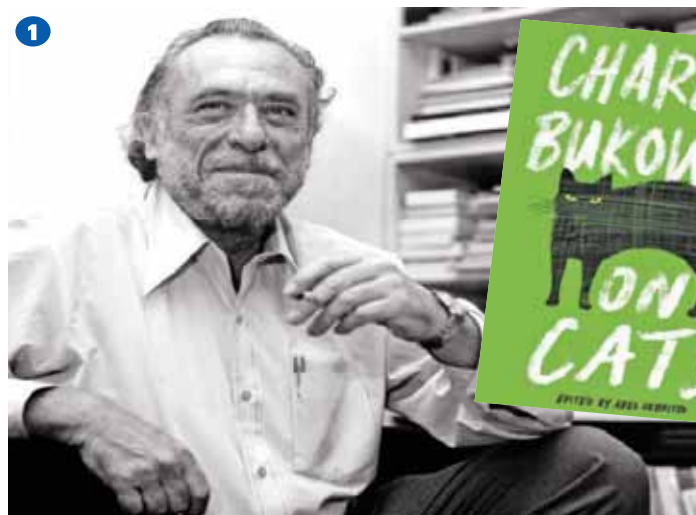
Five quirky books to gift

Twisted cat poetry only Charles Bukowski could have come up with and life lessons from *Little Miss* are among the holiday season's more unusual books. Here are five suggestions. **THE ASSOCIATED PRESS**

1 On Cats by Charles Bukowski, edited by Abel Debritto

This anthology of the late writer's poems and short prose honours the animals that touched his soul. From Ecco, an imprint of HarperCollins, \$25.99.

1



2 Hillary Rodham Clinton Presidential Playset, illustrated by Caitlin Kuhwald

Choose a facial expression and pantsuit from among the presidential candidate's greatest hits. From Quirk Books, \$14.95.

3 Little Miss and Mr. Me Me Me parody series by Dan Zevin, illustrated by Dylan Klymenko

The iconic little children's books by Roger Hargreaves featuring the goofy Little Miss and Mr. Men characters have been teaching good behaviour for 45 years. Now there's this twisted parody series. From Three Rivers Press, \$6.99 each.

4 Findings: An Illustrated Collection by Rafil Kroll-Zaidi, illustrated by Graham Roumieu

From Harper's, this little volume is full of gems from the back-page column of the same name. Rude sales staff boost the desirability of luxury goods, for instance. Also, this: Service sizes in images of the Last Supper were found to have grown by two-thirds over the past millennium. From 12 Books, \$20.

5 The U.S. Supreme Court Decision on Marriage Equality: As delivered by Justice Anthony Kennedy

The complete decision clearing the way for same-sex marriage across the United States, in a hardcover edition from Melville House Publishing, \$14.95.



HILLARY RODHAM CLINTON PRESIDENTIAL PLAYSET



2



SUSAN MUSGRAVE

Writer's cookbook a testament to the island of Haida Gwaii

Canadian writer Susan Musgrave has published nearly 30 books, from poetry to children's fiction. The fact her latest is a cookbook is not as big a leap as it seems.

The award-winning author, who has been shortlisted for the Governor General's Award four times, runs the Copper Beech House bed and breakfast on the remote West Coast island Haida Gwaii. It is the place she's called home for decades. It is not only where she writes, but where she forages and cooks, doing everything from shucking scallops and

picking huckleberries, to serve to her guests and neighbours.

Her first cookbook, *A Taste of Haida Gwaii: Food Gathering and Feasting at the Edge of the World*, (Whitecap, \$34.95) is a mix of stories, recipes and food gathering tips.

Absent from much of the book is her husband, Stephen Reid, a convicted bank robber, recently out of prison on statutory release. After nearly 30 years of marriage, the couple is still going strong.

"Prison was the easy part,"

Musgrave jokes.

Musgrave and Reid are both accomplished in the kitchen in their own way. Reid used to use truffle oil on his guns, and he always won the "chili-offs" in prison. "He has the T-shirts to prove it," Musgrave says.

This project is about Musgrave's neighbours.

"I wanted to write about the people that live on Haida Gwaii and food. It's a testament to the people who live in the area that I live and the wealth of food that's there," says Musgrave.

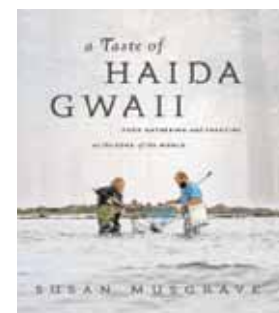
"We don't have access to the shops you have in Toronto. You can't go out and buy whatever you want, so we have to make it or invent it."

That's because Haida Gwaii is at "the edge of the world." A group of islands filled with lush moss-covered forests and lined with beaches, Haida Gwaii is a natural grocer. You can get ketchup and mayo in the stores there, but that's about it, she jokes. The area is primed for berry picking: see Musgrave's cloudberry jam or salmonberry

jelly recipes. She offers guests at the Copper Beech House bed and breakfast tips for mushrooming, too: see her venison stew with a Chanterelle garnish. There's also tips for ocean finds, such as how to best dry Porphyra, a type of coldwater seaweed.

Some of it even translates to urban areas. "If you have an unmowed lawn, a vacant lot or even just a sidewalk with weeds growing between the cracks, then you have something to start with," she writes.

TORSTAR NEWS SERVICE



POLICE DRAMA

New Criminal Minds spinoff announced

CBS has announced that it will premiere Criminal Minds: Beyond Borders on March 2 next year. This new series will be bolstered by the fact that it will be screened in the time slot immediately after the original Criminal Minds.

Having created successful franchises from CSI: Crime Scene Investigation (now cancelled) and NCIS, CBS has moved on to Criminal Minds, a series that is currently in its 11th season in the U.S. To lead this new spin-off, the most watched network in the country set its sights on the former boss of CSI: New York, Gary Sinise.

The actor came to prominence in the 1990s with his role in Forrest Gump. His character in this new series, Jack Garrett, will lead a team of profilers for the FBI. His division will consist of agents enlisted to help American citizens in trouble abroad. The former Lieutenant Dan Taylor will work with a team that includes Tyler James Williams (Everybody Hates Chris), Daniel Henney (Hawaii 5-0), Alana De la Garza (CSI: Miami) and Annie Funke (The Intern).



Actor Gary Sinise. HANDOUT

Criminal Minds: Beyond Borders is not the first spin-off from the Criminal Minds series. CBS tried a similar project in 2011, encouraged by the success of the many spin-offs of NCIS and CSI. But Criminal Minds: Suspect Behavior did not encounter the success that was hoped for, despite featuring Forest Whitaker.

AFP

JOHANNA SCHNELLER WHAT I'M WATCHING

The right kind of crazy

CRAZY EX GIRLFRIEND, SEASON 2, EPISODE 3 (GLOBAL), THE SCISSOR SONG

Rebecca (Rachel Bloom), a love-starved lawyer who's relocated to sterile West Covina, CA — the home of her ex-boyfriend — confesses to her new pal Paula (Donna Lynne Champlin) that she's afraid to throw a party. The lights dim. Paula begins singing what sounds like a typical empowerment ballad: "Face your fears/Stare them down/ Don't be scared/Stand your ground." A few bars in, however, the lyrics take a turn: "If you're in a burning building/And smoke is everywhere/Keep calm, take a deep breath/And stay right there!" Rebecca protests ("Really?"), but Paula, with enough self-seriousness to make Celine Dion blush, takes no notice. As a chorus of children runs in with scissors, she keeps belting: "You can fly, fly out of a window, fly out of a building, just believe in yourself!"

Injecting new life into old genres is tough in our post-reality-show era. Several series



Crazy Ex Girlfriend is a musical rom-com that laughs at itself. HANDOUT

are trying to do it with irony — ironic telenovela (Jane the Virgin), ironic slasher-horror (Scream Queens, starring slasher legend Jamie Lee Curtis). I admit, my heart sank at the prospect of this, an ironic romantic-comedy-musical. But its creators, Bloom and Aline

Brosh McKenna (screenwriter of The Devil Wears Prada), won me over. Their writing has wit; they've hired actors with Broadway chops; and they've hate-lovingly studied pop culture tropes (check out the "Sexy Getting Ready Song" in episode one). So Crazy Ex Girlfriend suc-

ceeds as both you-go-girl story and the ultimate send-up of you-go-girl stories. It lets us mock our cupcakes and eat them, too.

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.

TRUE CRIME

Mob boss story coming to TV

Independent Canadian production company New Metric Media has optioned the rights to a bestselling book about the final years of Montreal mobster Vito Rizzuto's life.

Bad Blood, which is currently in development, will be based on Business or Blood, a book penned by true-crime writers Antonio Nicaso and veteran Toronto Star reporter Peter Edwards.

The book tells the story of Rizzuto's "last war," after he emerges from prison — where he was sent in 2006 for his role



Vito Rizzuto
TORSTAR NEWS SERVICE

his stint behind bars, or seek revenge for the killings of his son, father and other members of his criminal enterprise?

Edwards said Rizzuto defied

in a decades-old murder in Brooklyn — with a choice: Would the 66-year-old Montreal mob boss try to rebuild his empire after

several mobster stereotypes: he wasn't physically violent, he had connections to top businessmen and politicians, and he held many meetings on golf courses.

"He played golf 100 times a year, a lot of times in the Dominican Republic," Edwards said. "The beauty about golf is that it's very hard to bug a golf course. . . . So a lot of what he did was there and golf really made sense for him."

"He wasn't a beat-'em-up type of guy, he was a thinking type of guy." TORSTAR NEWS SERVICE

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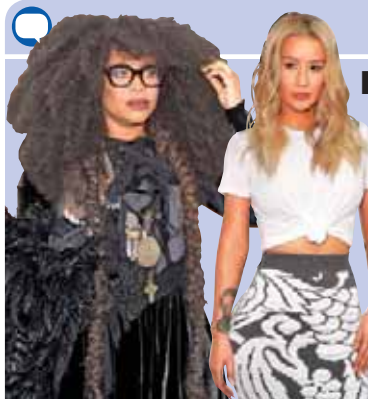


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Iggy responds to Badu diss

Iggy Azalea is no stranger to social media fiascos, which may be why her Twitter followers haven't heard from the rapper since Nov. 1. But being a trending topic can have an effect, as Azalea made an

online comeback this week to respond to Erykah Badu's mocking of her at the Soul Train Awards that went viral.

"We are days from 2016, but I came online today and saw it's still cool to try and discredit my 2014 accomplishments," Azalea tweeted. "F—ing hell. Seems exhausting. Anyway, I've been enjoying the holiday season and I hope you all have, too." NED EHRBAR/METRO

Court to decide if Gollum a bad guy

A Turkish court overseeing the case of a doctor accused of insulting President Recep Tayyip Erdogan has ruled that a committee of experts should assess whether the fictional Lord of the Rings character Gollum is good or bad.

Bilgin Ciftci faces up to two years in prison for allegedly insulting a state official by



juxtaposing pictures (above) of Gollum and Erdogan on social media.

Lawyer Hicran Danisman told the AP Wednesday that she was forced to argue in

court this week that "Gollum is not a bad character" because she got "nowhere" with a defence case based on freedom of expression. Danisman said that prompted the judge to rule that a committee, including psych-

ologists and movie experts, should provide an assessment of Gollum's character. Trial was adjourned until Feb. 23. THE ASSOCIATED PRESS

ADOPTION

Bullock shows off new baby in People exclusive

Ned Ehrbar
Metro | Hollywood



So remember in late October when a reporter congratulated Sandra Bullock on adopting a little girl and Bullock insisted the story was totally untrue? Yeah, not so much.

"If I had a second adopted child, everyone would be hearing about it," she said. And well, everyone's hearing about it now. It turns out she was just waiting for the exclusive deal she'd given People magazine to announce the news.

"When I look at Laila, there's no doubt in my mind that she was supposed to be here," Bullock says of her new daughter, whom she's now willing to admit she's adopted. "I can tell you absolutely, the exact right children came to me at the exact right time." Laila joins her first adopted child,



Louis, who is apparently already all about the whole being a big brother thing.

"Louis spearheaded this whole journey," she says. And that's a lot of responsibility for a five-year-old. While I'm thrilled for Bullock and her family, I do wonder how long it will take for me to be able to trust her again.

Zuckerberg's \$45 billion philanthropic bid stuns

CHARITY

Facebook CEO commits 99 per cent of stockholdings

Facebook CEO Mark Zuckerberg is shaking up yet another sector — the charity world — with his surprise announcement that he and his wife will devote the bulk of their wealth, or about \$45 billion, to philanthropic works.

The move will eventually put him and his wife, Priscilla Chan, in the same philanthropic echelon as Bill and Melinda Gates. It also involves a new type of philanthropic structure that differs from traditional foundations, although details remain scarce.

Zuckerberg made his pledge on Facebook in celebration of his daughter Max's birth.

The Zuckerbergs said Tuesday they will, over time, commit 99 per cent

of their Facebook stockholdings to such causes as fighting disease, improving education and "building strong communities." The couple had previously pledged to give away at least half their assets during their lifetime, but hadn't provided specifics.

The announcement stunned the charity world. The new organization, called the Chan Zuckerberg Initiative, will pursue its initiatives through a combination of charitable donations, private investment and promotion of government-policy reform.

By comparison, the Bill and Melinda Gates Foundation has an endowment of just over \$41 billion, which includes wealth donated by the Microsoft founder and his friend, the businessman Warren Buffett.

The new initiative will be organized as a limited liability company, however, rather than as a non-profit foundation. "They want the most flexibility and they are going to use a wide var-



Zuckerberg and Chan with daughter Max. THE ASSOCIATED PRESS

iety of activities to achieve their mission," Rachael Horwitz, a Facebook spokeswoman, said via email. "So in that way this is not a foundation nor is it entirely

charitable."

The notion of investing money in companies that tackle social issues isn't new, but it has gained more currency among a younger generation of philanthropists, particularly in the tech world.

In the letter to their daughter, Zuckerberg and Chan described their goals as "advancing human potential and promoting equality." THE ASSOCIATED PRESS

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Cities on the rise



The Claridge Icon condominiums will be one of the tallest residential buildings in Ottawa at 485 feet high. ALL PHOTOS CONTRIBUTED

CONDO TRENDS

Tall condos are transforming skylines across the country

Duncan McAllister
For Metro Canada



Skyscraper condominiums are the norm in major urban centres across the globe. Many Canadian cities are experiencing an urban renaissance with high-density, highrise communities in the central downtown cores. This week, Metro takes a look at Canada's tallest condos.

A bold Icon

In the nation's capital, things

are moving skyward. The Claridge Icon condominiums will reach 485 feet high with 45 storeys and 320 suites, making it one of the tallest residential buildings in the city. Icon is located at the intersection of Carling and Preston, near Centretown.

The bold, geometric edifice is designed by renowned Canadian architects Hariri Pontarini. At street level, the

light-filled podium displays a subtle offset design, with cantilevered sections giving the illusion of shifting and expanding.

'Urban renewal'

In the west, Winnipeg is also on the way up. SkyCity Centre will be a mixed-use tower in the heart of downtown Winnipeg.

Rising 45 storeys high, it

is projected to be the tallest tower between Toronto and Calgary, with 388 residential units, 60,000 sq. ft. of office space and 20,000 sq. ft. of retail.

In September, Fortress Real Developments opened the doors to a million-dollar presentation centre for the SkyCity condominium suites. "Winnipeg's downtown is a heritage gold mine, but the

addition of modern residential apartments of all sizes is needed to fill in the gaps," according to Ben Myers, senior vice-president of market research at Fortress.

"I would say Winnipeg is in the second inning of their urban renewal, and success at SkyCity will really be a catalyst for getting people excited about living downtown again," says Myers.

+ ACROSS CANADA

Halifax

Fenwick Tower by Templeton Properties is a residential apartment building in the heart of south-end Halifax, between Fenwick and South streets.

It's the city's tallest building at 33 stories and 275 units, and the tallest residential building east of Montreal.



Fenwick Tower in Halifax.

Toronto

Canderel Residential just released their new penthouse suites high above Yonge Street in downtown Toronto.

"While Aura at College Park is Canada's tallest condominium, it was also regarded as one of the country's fastest-selling condominium launches," says Riz Dhanji, Canderel's VP of sales and marketing.

Calgary

3 Eau Claire is an urban condo development located at 3 Avenue Southwest, steps from the Bow River Pathway, Prince's Island Park and the downtown core. At 48 storeys it will be one of the tallest condos in Calgary.

Edmonton

The Pearl is a 36-storey condominium tower currently under construction in the Oliver neighbourhood of Edmonton. The building promises to augment the city skyline with curved glass walls, a signature lobby and a wellness centre.

Vancouver

The Melville is a highrise residential tower located at 1189 Melville St., in the Coal Harbour neighbourhood. At 122 metres, it's the sixth tallest building in the city, and the tallest fully residential building in western Canada.

Saving with the Stars!

SAVE WITH THE SHOPS AT PARK LANE

Join us on **Friday, December 4th**, from **5-10pm**

At participating Park Lane Shops. Restrictions apply. See stores for details.

ShopParkLane.ca

PARK  LANE



SHOPPING UNDER THE STARS



SHUTTERSTOCK

BRINGING JOY TO HOLIDAY SHOPPERS

For many shoppers, the sound of carolers brings us back to Christmases when we were kids and the holidays felt like pure magic.

Michelle Calder sings the East Coast Carolers. She was at the first night of Shopping Under the Stars on Nov. 20 and will be there again on Dec. 4. She sees firsthand the effect the old-time music has on people.

"It's really fun," she said. "You bring a lot of joy to people, you see as people walk by their faces light right up with 'oh wow look at that!'"

Little kids tend to stare with mouths wide open, taking in the chorus of carolers, she said. And often seniors have a tear in their eyes.

"Sometimes the elderly will stop along the side and you can really tell with some of the

older ones that you've hit a chord with them and it's really stirred a memory," Calder said. "They're reliving that memory and it's really beautiful and sometimes I'll cry."

They've also had some emotional encounters with some of the homeless people, too, she added. The carolers have a playlist but they get requests all the time. But she said the hands-down most popular request is Jingle Bells.

The East Coast Carolers will be back along with Santa, and Radio 96.5 on the second installment of Shopping Under the Stars on Friday, Dec. 4 from 5-10 p.m.

Rachel Brown with the Spring Garden Area Business Association said there will again be hot chocolate and cookies, plus sales and con-

tests throughout the shopping district.

The second night of the late-night shopping event tends to be bigger and busier because it's closer to the big day.

"With the second one we're hoping people are more in that mindset that Christmas is coming and already the countdown is on," she said. "People will be out shopping now for Christmas gifts and getting in that holiday spirit."

They'll also be doing a new round of the Christmas tree contest, Brown said, where retailers donate a gift certificate or another prize for a draw. The prize package is now worth more than \$1,000. Not a bad way to fill up stockings this year.

Celebrating 20 years of

Shopping Under the Stars

Friday December 4th

5:00pm to 10:00pm

Join us in the Spring Garden area for a special evening of shopping, food, live entertainment and more!



www.springgardenarea.com

spring garden
AREA BUSINESS ASSOCIATION



Content Solutions

Second night to be even more popular

A little bit of wind — well, maybe a lot of wind — didn't stop jolly shoppers from Shopping Under the Stars on Spring Garden Road on Friday, Nov. 20.

The first of two Shopping Under the Stars events was a great success.

"It was a fantastic evening," says Rachel Brown with the Spring Garden Area Business Association. "In the past we've had some rainy evenings and snowy evenings, but this one was very windy."

But by all accounts it was a busy night for shoppers getting a jump on their holiday shopping.

"We had a lot of feedback about high volumes of traffic in the area from our community police officer and a lot of retailers popped over to visit me to say their store was up in traffic," Brown said.

Santa stopped by and so did East Coast Carolers. Plus, Radio 96.5 was on site to keep the party going.

Brown said they heard a lot of positive feed-

"WE HAND OUT HOT CHOCOLATE SO IF IT'S AN ESPECIALLY CHILLY NIGHT WE GET PEOPLE COMING DOWN SPECIFICALLY FOR THAT AND THEN THEY BROWSE SO THAT'S GOOD."

— Lisa MacPherson

back from all of the retailers who participated. This year, there are more than 50 businesses participating in the two-night shopping extravaganza. The next installment is this Friday.

"We had lots of people coming up for hot chocolate and cookies and filling out a ballot to win a prize package valued at over \$1,000."

More than a few people struck a pose with a cutout elf for the SGABA's take an elfie contest. By posting the pic and tagging it, they were entered to win a prize package.

"It was really great to see East Coast Carol-



CONTRIBUTED

ers, who were taking 'elfies' and doing musical performances for us, as well as seeing Santa taking an 'elfie,'" Brown says.

Lisa MacPherson, design consultant at Duly Noted Stationary, expects the second night of Shopping Under the Stars to be even more popular.

"The closer to Christmas, the better the turn out," she says.

It's a great event, MacPherson adds, because it's not one-stop shopping — People can take a tour and "experience the street."

The first event was great for Duly Noted, she says, especially since they ran their sale promotion throughout the day and not just at night.

On Dec. 4, they're drawing for gift certificates plus giving out free postcards and hot chocolate.



CONTRIBUTED

Footwear to face winter

With both snow and Christmas within sight, what better gift than a great pair of winter boots? You can find a wide selection of utility-type waterproof boots and fashion boots at Comfort Zone.

A mainstay in Park Lane mall for more than a quarter of a century, Comfort Zone sells quality men's and women's footwear. Popular brands include Ecco, Cushe, Reiker and Santana.

Comfort Zone is also the original retailer in Atlantic Canada for the edgy Fly London shoes and boots.

"If you're looking for ideal footwear to face winter, we've got what you're looking for," says

owner Tom Jeffries.

For Shopping Under the Stars on Dec. 4, the store won't be charging tax on any regularly priced merchandise. If you're looking for a the perfect practical gift, you'll find it here.

But if you pick the wrong pair, don't fret — they can be exchanged or you can get a refund as early as Dec. 27, as long as you have the receipt. In spite of a mild September and October, Comfort Zone had a record-selling season with waterproof boots featuring Gore-Tex flying off the shelves. Top sellers this fall are Ecco, Josef Seibel and Reiker.

"Comfort Zone is a locally owned company that sells unique brands," says Jeffries.



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Shopping deals just in time

Less than a month until Christmas eve? Don't panic. Shopping Under the Stars on Dec. 4 is full of deals, fun contests and relaxed shopping. About 40 businesses are participating offering many sweet deals including a number of tax-free sales.

Touch of Gold has up to half-price fashion jewelry to check out and Wildflower Clothing has 20 per cent off plus cider and treats.

You can fill your cup at Gogi's Frozen Yogurt for \$5 for 8oz and \$10 for 16oz.

Is wax on, wax off a personal motto? All services are 10 per cent off at WAXON Waxbar.

Now this is a great way to give a little and get a little: Vitality MediSpa is giving free Bain Kérastase gift sets with the purchase of one Kérastase texturizer and one hair care product while quantities last. Or at The Summit-Skin Care and Hair Removal, it's buy one get one free on their trio spa package gift certificates.

What's always appreciated and super easy to



SHUTTERSTOCK

wrap? Gift cards. Thumpers Salon at The Trilium is offering 15 per cent off gift certificates and free hot apple cider to boot.

Moksha Yoga is having a 20 per cent off sale on everything including class passes, retail items and VIP memberships.

Roots is 25 per cent off and Sweet Pea Boutique is having a Katrina Tuttle Trunk Show on Friday night. That means 25 per cent off Katrina Tuttle and 25 per cent off all sweaters. Preamble Footwear on South Park Street will be drawing for discounts of 15 to 50 per cent off.

Talk about win-win: Jennifer's of Nova Scotia is having a candy cane pull with chance to win a prize and dolling out hot mulled cider.

At Fresh Goods Sneakers and Apparel it's tax-free store wide plus enter a draw for an Adidas airline bag.

CREATE NEW MEMORIES AT SPRING GARDEN PLACE

Holiday memories are a combined series of nostalgic moments — and Spring Garden Place is the perfect location to create new ones.

Come out to Shopping Under the Stars, enjoy free Wi-Fi and sample world cuisine from Ko Doraku, Ranjsheha's Hot N' Spicy Eating and Pinehouse Chinese Restaurant, all in the festive atmosphere of Spring Garden Place.

Give the gift of luxurious pampering from Vitality Day Spa, or show that special someone how much you care with a gift from Touch Of Gold or The Vault. Or why not treat yourself with a visit to Sock-It-To-Ya and All Dressed Up.

A wide variety of gift ideas at great prices await, from tax-free shopping at Sock-It-To-Ya, The Vault and Better Than Her Boutique (from 5 to 10 p.m.), to up to 50 per cent off fashion jewellery at Touch Of Gold.

Don't miss a unique bonus offer from Vitality Spa: purchase a Kérastase texturizer with one hair-care product, and receive a complimentary Bain Kérastase.



CONTRIBUTED

As an added bonus, every purchase gives you a ballot for a chance to win a \$250 Spring Garden Place gift certificate.

After an evening of shopping, wrap up your night and relax with a bite and a drink at any of the fine dining establishments. Locally owned, and wholly unique — Spring Garden Place.

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Steer clear of these office party pitfalls

ETIQUETTE

Have a good time without leaving a bad impression

Astrid Van Den Broek

So you know not to drink too much. You know this isn't the time to bust out your best Sweet Caroline on the company stage. You know that you and Chris from accounting shouldn't smooch it up in the corner.

But what etiquette tips are you missing? Here are a few lesser-known ideas on how to behave at this year's company Christmas party.

Tell them you're coming

"I hear from employers a lot that a certain generation of people do not know how to RSVP or choose not to," says Wendy E. Mencil, an etiquette consultant with the Canadian School of Protocol and Etiquette in London, Ont. "It's a huge issue with employees in their 20s."

Make a point of RSVPing to your invitation as soon as possible to help your bosses figure out how many canapés they need to order.

Do your homework

Find out what kind of party it is beforehand: a casual gathering at your boss's house? A formal affair at a local restaurant? A beer and wings night



Have fun at your holiday party, but don't document every minute of it. SHUTTERSTOCK

at the pub? The location will likely dictate what kind of attire you should plan to wear.

Check yourself

OK, you're watching how many glasses of Merlot you're tipping back...but are you keeping track of how many times you've gone back to the chocolate dessert fountain?

"Gorging on food at parties is another concern we hear from employers," says Mencil. "I know of one company who, after your first job interview, they invite you to a cocktail party to see how much you eat, drink and mingle...and then

you get the second interview. And this applies to a holiday party. If you spend all your time eating and not mingling, your boss will see it."

Save the shock and awe

In a polyamorous relationship? Got a wife who's 30 years older than you? This isn't the time to share it with the rest of the company.

"This can just bring up a whole bunch of questions that aren't appropriate for that day. Parties aren't a good time to share with people something about your personal life that they wouldn't have known,"

says Mencil.

Use social media smarts

Before you post anything on social media, gain the consent of those you've photographed.

"And don't ruin your career by taking pictures of your boss and putting it up," Mencil adds. Also don't tweet your way through the party.

Don't be a teacher's pet

Sure it's a good idea to put a face to your name and introduce yourself to the company president. "However it's not the time to talk business or ask for a raise," says Mencil.

SECRET SANTA

What to get that guy you don't know

You've pulled Sandra from payroll's name for the office Secret Santa gift exchange. Who's Sandra again? And what do you get this total stranger?

Whether you loathe or love a Secret Santa exchange, there are ways to make your gift a memorable one. (No need to resort to gift cards!) Here's what you can do.

Think about yourself

As in...what types of gifts do you like to receive, but never get?

"If you do that, even if you don't know them well, it's a safe bet that the recipient doesn't already have it," says Lindsay Roberts Schey, founder of the blog TheGiftInsider.com.

Consider your environment

Is this an office Secret Santa? A church? A family gathering?

"A gag gift might be perfect for the family but could be disastrous at work," notes Marie Anakee Miczak, the New York-based blogger behind gavethat.com. If you do opt for a gift card, make it one of the more unique ones rather than just a usual coffee card.

Go edible

Who doesn't like to eat? "On-trend edibles are always a great option," says Roberts Schey. "So macaroons, hot chocolate stirrers and gourmet popcorn are a hit this year."

"Gifts that are great are something that you love—like a favourite organic tea or hon-

ey or favourite handmade local chocolate," says Lisa Pozin, the Vancouver-based owner of Giving Gifts.

Dos...

If you know the person and their interests, start there says Roberts Schey.

"So for a yoga lover, you could try an insulated water bottle and an athletic headband. Or for a coffee drinker, a calligraphy mug."

... and don'ts!

However avoid buying clothes or items people have to wear daily.

"If they're a co-worker or close friend and they don't love the item, you don't want them feeling guilty every day they don't wear it around you."

And if you don't know the person well, opt for a more gender neutral low-key item. "Don't buy something that is over-the-top or a crazy colour or way out there," says Pozin. "Try to be modest and neutral with your gift so that it really will appeal to anyone that gets it, not just the person that you think might get it."

Also, Roberts Schey adds, don't go over the price limit. "It just makes people feel uncomfortable and takes away all the fun."

And don't re-gift!

ASTRID VAN DEN BROEK

1 Canadiana Cookie Cutters, \$8.47, Walmart.

2 Bison Bracelet, \$14, Sporting Life, sportinglife.ca

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Special gifts for the special people

TEACHERS/COACHES

Thanking those who help shape the lives of your kids

Ylva Van Buuren

Someone once said that a good coach sees in you what you can't see in yourself. If that's how your son or daughter feels about any of their coaches or teachers, suggest you wrap up a gift for them this holiday season. These ideas all get an A+.

For lunch: Plaid thermal carafe will keep your teacher's lunch warm — and it looks good too. \$49.95 from Crate and Barrel crateandbarrel.ca. Or, choose the 473 ml/16 oz. insulated Klean Kanteen with double-wall interior, wide mouth, and leak-proof cap. \$32.99 at Sporting life, sportinglife.ca.

Wise to you: Everyone loves to decorate for the holidays. This large resin owl will look perfect on the teacher's desk — or just as good on her mantle at home. \$34.99 at Canadian Tire or canadian-tire.ca.

Under-the-desk decor: Whether your teacher drives a motorcycle or teaches shop, this Harley Davidson Waste Basket will make a fun holiday gift. It will spark conversation too. \$19.99 at Canadian Tire, canadiantire.ca.

Holidays: Chalkboard decora-

tions are a perfect gift for a teacher... they will shine in the classroom or at home as holiday decor. The decorations are reusable and easy to clean — just rinse. From \$3.99 to \$8.99. at Michaels, michaels.com.

Just for fun: Festive milk bottles all lined up in a row will help anyone get into the holiday spirit. \$3 each at Michaels, michaels.com.

Wet your whistle: The S'well Santorini 17 oz. water bottle travels well and looks good at the gym or on the outdoor track. It's available in several colours. \$40 at Indigo, chapters.indigo.ca.

Best teacher: Here's to the Best Teacher Ever, even if it is just coffee. \$12 at Indigo, chapters. indigo.ca.

Watch me: Pool your money with the rest of the class and outfit your favourite coach with a Fitbit Charge HR Wireless Activity Wristband. It does everything from tracking steps and heart rate to monitoring calories and workout intensity. Syncs to over 100 leading smartphones. \$179.95 at Amazon.ca.

Quiet class: For the teacher who has everything, choose this vintage-inspired desk bell. It's a great way to get everyone's attention. \$5.99 at Winners, winners.ca.

Recess: Everyone needs to chill out... wrap up an Adult Colouring Book for your teacher. \$9.99 at HomeSense, homesense.ca.

Warm wishes: For cold outdoor practices, your favourite coaches will appreciate the Pom Beanie (\$29.95 at Gap, gapcanada.ca), or cosy ear muffs (\$62, Banana Republic, bananarepublic.ca).

Dr. Cool Wrap: Coaches will love the Coolcore Dr. Cool Wrap for sports injuries (or injuries on the job). It combines cold therapy with compression technology to reduce swelling and aid recovery. \$24.99 at Sporting Life, sportinglife.ca.

Chalk it up: The ultimate climbing accessory, you can never have too many chalk bags. Wrap up this handy organic chalk bag for your outdoor instructor. Waist belt included. \$27 at Mountain Equipment Co-op (MEC), mec.ca.

Go vegan: The Thug Kitchen recipe book is the hottest (most profanity-filled) vegan cookbook going. Share it with a teacher who will understand — and enjoy and make use of it. \$31.95 at Indigo, chapters. indigo.ca.

Harley Davidson Waste Basket (\$19.99, Canadian Tire)

Pom Beanie (\$29.95, Gap)

Organic chalk bag, with waist belt (\$27, MEC)

Vintage-inspired desk bell (\$5.99, Winners)

Thug Kitchen vegan cookbook (\$31.95, Indigo stores)

Festive milk bottles (\$3, Michaels)

Fitbit Charge HR Wireless Activity Wristband (\$179.95, Amazon.ca)

Harley Davidson Waste Basket (\$19.99, Canadian Tire)

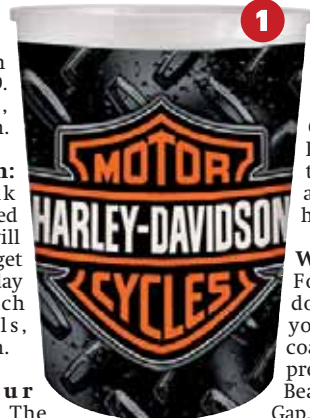


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A gift that just makes scents

Janine Falcon

SCENTS FOR HER

Strong, sexy, sweet, gentle and unexpected, this selection of the best gift-worthy scents speaks to the many facets of the women on your list.

L'Occitane Pierre Hermé Grapefruit Rhubarb

When the chef behind the world's best macarons uses his exceptional senses to create perfume, delightful things happen. This fresh, spicy eau de toilette is lively and sweet without being sugary. \$65 at L'Occitane en Provence, ca.loccitane.com.

Etat Libre d'Orange Remarkable People

Warm and sweet with champagne, fruit and spice, this oriental fragrance is for women and men. Give it to your other half with a "let's share" and a wink. \$107 at birchbox.ca.



Tory Birch Holiday Cracker and Candle
The fashion designer's signature crisp floral charms with festive wrapping; pair it with the luxurious candle scented with the same fragrance for home. \$31 and \$72 at Sephora, sephora.ca.

Atelier Cologne Necessaire Azure Gift Set

Each of the four travel-sized atomizers in this collection is a fragrant escape to the Italian coast, evocative of deep blue sky and sea, and sunny, citrus-scented breezes. \$32 at Sephora, sephora.ca.



Nina Ricci L'Extase

Deeply sensual with heady florals, musk, amber and caramel, this oriental is about smooth warm skin and ruffled, 1000-thread-count Egyptian cotton sheets. \$95 at Hudson's Bay, thebay.com.



Miu Miu Miu Miu

The first fragrance from Miuccia Prada's Miu Miu label is a bright, alluring floral perfume, youthful and sweet, with a hint of nostalgia. The only thing missing is a display case for its unique and wonderful bottle. \$135 at Holt Renfrew, holtrenfrew.com.



Dior J'Adore Touche de Parfum

A new concept for Dior, this intensely floral dabber, anchored with musk and sandalwood, is designed to enhance whatever's spritzed on top... such as Poison or the J'Adore she already owns and loves. \$112 at Hudson's Bay, thebay.com.



The Body Shop Black Musk

Fourth in the very successful range that started with White Musk in 1981, this dark and sweet gourmand-rich oriental floods the senses with marzipan, almond, licorice root, black vanilla and black musk. Choose from eau de toilette, eau de parfum and perfume oil — or give her all three. From \$25 at The Body Shop, thebodyshop.ca.



Tocca Beauty Eau de Parfum Wardrobe

An enchanting gift set of six enticingly feminine fragrances in utterly adorable, Instagram-worthy mini dabbers, this collection pretty much calls ahead to reserve prime real estate on her vanity. \$50 at Sephora, sephora.ca.

Aerin Lauder Rose de Grasse

An opulent, singular floral fragrance lauded (see what we did there?) for its plush, real-life bouquet scent, this gorgeous perfume is ideal for anyone who adores roses. \$205 at Estée Lauder, esteelauder.ca.



SCENTS FOR HIM

Fragrance is all about personality. Our roundup has one for every guy on your "nice" list — and maybe your "naughty" list too.

Aramis Black

A new urban-man eau de toilette that goes from the office to happy hour, this scent starts with bold, crisp, green leafy notes and gradually develops its aromatic side — juniper wood sweetened with tonka bean and rich cognac, smoky leather and white incense. \$64 at Holt Renfrew, holtrenfrew.com.



Floris No. 89

A British scent released in 1951, this is for the well-dressed retro fellow in your life. A traditional woody aromatic with citrus and rose, it finishes with woods, moss and musk. Fun fact: Bond creator Ian Fleming was a fan. \$105 at menessentials.ca.

L'Occitane Eau de Cedrat

Could be his Monday-morning best mate, with its eye-opening burst of bright, citrusy bergamot, that soon softens to spicy nutmeg, ginger and smooth, woody notes. \$58 at L'Occitane en Provence, ca.loccitane.com.



Prada Luna Rossa Sport

Most "sport" scents are all about invigorating freshness. This eau de toilette is softer, warmer and sweeter, with juniper berries, lavender, vanilla and tonka beans. He'll wear it after the game, for congratulatory cocktails to celebrate his win. \$72 at Murale, murale.ca, and Shoppers Drug Mart, shoppersdrugmart.ca.



The Vagabond Prince Land of Warriors

For old-world warriors on horseback or tatted, modern weekend warriors on bikes — this niche eau de parfum is all about leather, worn-in like a well-loved moto jacket, with notes of rum, woods and tar. \$200 at menessentials.ca.

Giorgio Armani Acqua di Gio Profumo

A follow-up to immensely successful sea-and-citrus Acqua di Gio (which debuted almost 20 years ago), this elegant scent is a darker version, with marine and spicy notes that break over patchouli and incense. \$109 at Hudson's Bay, thebay.com.



Thierry Mugler A*Men Ultra Zest

Newest in Mugler's lineup of A*Men scents, this bold eau de toilette opens with a splash of juicy sweet orange and ginger and develops with coffee notes, cinnamon, pepper, vanilla, patchouli and tonka.



Mugler fans will dig it like dessert. Limited edition, \$99 at Shoppers Drug Mart, shoppersdrugmart.ca, and Jean Coutu, jeancoutu.com.

Penhaligon's Juniper Sling

For the guy who likes a good early hike followed by a hot toddy to temper the chill, this eau de toilette begins with the freshness of fragrant pine on a crisp morning and warms up with leather, cinnamon and cardamom, plus cherry, sugar and amber for a sweet hit. \$195 at menessentials.ca.



Valentino Uomo Edition Noire

The graphic matte black bottle broadcasts the personality of this eau de toilette, a potent oriental fragrance with cedar, hazelnut, leather, chocolate and roasted coffee bean notes. It's dark, sweet and suggestive. \$98 at Hudson's Bay, thebay.com.



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Hockey Canada welcomes Walman despite his snub

WORLD JUNIORS

St. Louis Blues prospect holds dual citizenship

Jake Walman grew up playing in the Greater Toronto Hockey League like a lot of Canadian kids. But he's not just a Canadian hockey player.

Because Walman's mother, Mari Anne, is American, the young defenceman is a dual citizen with Canadian and U.S. passports. While he played for Canada East in the World Junior A Challenge two years ago, he chose to attend U.S. world junior camp this past summer and hoped to wear the red, white and blue at the upcoming tournament in Helsinki.

The International Ice Hockey Federation disagreed, deeming Walman ineligible to play for the U.S. because he's Canadian-born and trained. And even though the Toronto native chose the U.S., Hockey Canada is welcoming him with open arms by inviting him to its world junior selection camp.

"We liked him in the summer

and we still like him," Hockey Canada vice-president of hockey operations and national teams Scott Salmond said. "We think he's going to have a real good chance to make our team and make us better if he does. To me he's Canadian. At the end of the day that's the bottom line."

Hockey Canada all along believed Walman was Canadian. Now in his second season at Providence College in Rhode Island, he would have had to play two full seasons to qualify as an American.

Walman is quite the catch, too, as the NCAA's leading scorer among defencemen with

10 goals and eight assists in 12 games. He could be part of a blue line that may feature returnee Joe Hicketts and NHL first-round picks Haydn Fleury and Travis Sanheim.

Making it will be a challenge at a com-

petitive camp, which is perhaps why Walman opted to go to the U.S. summer camp in Lake Placid, N.Y.

"Jake had to make a decision based on the information he had and probably what he thought, as a young player, was going to give him the best opportunity to play," Salmond said.



All we care about is that you can come here and help us win, and that's the bottom line.

Scott Salmond, Hockey Canada vice-president of hockey operations and national teams



Jake Walman cuts the net after the Providence Friars won the NCAA Division I men's championship in April. MADDIE MEYER/GETTY IMAGES

Hockey Canada is giving him that opportunity. Walman is one of 11 defencemen invited to the mid-December camp, along with Hicketts, Fleury, Sanheim, 2014 first-rounder Roland McKeown, 2015 first-rounders Thomas Chabot and

Noah Juulsen, potential 2016 top pick Jacob Chychrun, Toronto Maple Leafs second-rounder Travis Dermott, fellow St. Louis Blues prospect Vince Dunn and the only other U.S. college player at camp, Boston University's Brandon Hickey.

"He deserves to be here as one of the best 11 defencemen in the country, and there is no hard feelings," Hockey Canada director of player personnel Ryan Jankowski said. "We want the best players."

THE CANADIAN PRESS

NHL IN BRIEF

Predators lose veteran Fisher for four games

The Predators have placed centre Mike Fisher on injured reserve with a lower-body injury that will keep him out of Nashville's next four games.

Fisher was injured Tuesday night in a 5-2 win over Arizona. At 7:56 of the second period, Arizona's Martin Hanzal checked Fisher into the left boards inside the Coyotes zone. Fisher fell to the ice, and his right skate came into contact with the boards after falling.

The veteran has five goals and two assists in 23 games. THE ASSOCIATED PRESS

Struggling Bernier headed down to the farm

The Toronto Maple Leafs are sending goaltender Jonathan Bernier on a minor-league conditioning stint.

Coach Mike Babcock said Wednesday that Bernier would go to the AHL's Toronto Marlies for 10 days once starter James Reimer is healthy. Bernier is 0-8-1 with an .888 save percentage this season.

His struggles got so bad that the Leafs called up Garret Sparks to make his NHL debut Monday against Edmonton where the rookie recorded a shutout.

THE CANADIAN PRESS



Jonathan Bernier

TORSTAR NEWS SERVICE FILE



Nicolas Dumulong of the Acadie-Bathurst Titan, left, controls the puck against Alex Breton of the Gatineau Olympiques on Nov. 25. FRANCOIS LAPLANTE/FREESTYLEPHOTO/GETTY IMAGES

QMJHL

Titan player run over by his own car

A game between the Acadie-Bathurst Titan and the Saint John Sea Dogs was postponed Wednesday after a Titan player was run over by his own car in the arena parking lot in Bathurst, N.B.

Defenceman Nicolas Dumulong was taken to hospital after the runaway car ran over his leg.

Isabelle Morrier, the Titan's director of operations, said the team was awaiting word on the severity of the injury.

She said Dumulong parked his car as usual at the KC Irving

+ STATS

In 113 career QMJHL games, Dumulong has 10 assists and 273 penalty minutes.

Centre but, as he was walking away, noticed it was moving. He tried to stop it with his body but the car, which was picking up speed, went over his leg.

Paramedics were called in and Dumulong was taken to

hospital. "We're just happy it wasn't worse than that," said Morrier.

A photo posted on social media by the Saint John Telegraph-Journal shows the car at the bottom of an embankment at the edge of the lot.

Several of Dumulong's teammates who witnessed the incident were shaken by what they saw.

The team contacted the Quebec Major Junior Hockey League office and the decision was made to postpone Wed-

nesday night's game. There was no immediate word on a makeup date.

Natacha Llorens, director of the league's player support program, spoke with some witnesses. The league said in a statement that "a psychologist will follow the players as a precaution."

Dumulong, 19, of Varennes, Que., is in his third season with Acadie-Bathurst. He has six assists and 63 penalty minutes in 23 games this season.

THE CANADIAN PRESS

Cornish calls time on illustrious career

CFL

Stamps legend racked up two Grey Cup wins, 3 rushing titles

Calgary Stampeders running back Jon Cornish announced his retirement Wednesday after nine CFL seasons, three rushing titles and two Grey Cup rings.

The 31-year-old from New Westminster, B.C., was the CFL's leading rusher and top Canadian from 2012 to 2014. But he was limited to just nine games in each of the last two seasons due to injuries.

"I'm very comfortable with my decision," said Cornish. "Over the years with this team, I feel we've been able to achieve everything that is possible to achieve both as a team and as an individual."

Cornish broke Normie Kwong's 56-year-old single-season rushing record for a Canadian with 1,457 yards in 2012.

Cornish broke his own record the following year with 1,813 rushing yards and was named the CFL's most outstanding player. That season he became the first CFL player to win the Lou Marsh Trophy, awarded by The Toronto Star to Canada's top athlete, since Russ Jackson in 1969.

"Jon was an exceptional player for this franchise and I congratulate him on an excellent career," said Stampeders general manager John Hufnagel, who was head coach for eight of Cornish's nine



The Calgary Stampeders' Jon Cornish announces his retirement from CFL play at a press conference in Calgary, Alta. on Wednesday. The running back had a well-decorated career.

LARRY MACDOUGAL/THE CANADIAN PRESS

“Over the years with this team, I feel we’ve been able to achieve everything that is possible to achieve both as a team and as an individual. Jon Cornish

seasons in Calgary.

"He earned his dues early in his career with hard work and commitment on special teams while gradually earning more playing time on offence. After he became the starter, he developed into one of the best running backs in the history of

this franchise and this league."

Cornish made just nine starts in 2014 but still led the league in rushing with 1,082 yards.

The Stampeders went on to win the 2014 Grey Cup 20-16 over Hamilton, though the Tiger-Cats held Cornish to 25

yards on nine carries.

The three-time all-star spent his entire CFL career with the Stampeders. Despite making just 60 career starts, Cornish finished his career as the fourth-leading rusher in Stampeders history with 6,844 yards.

"My appreciation to the league, the Calgary Stampeders, to the media and to the fans can not be overstated," said Cornish. "I've been humbled by the magnitude of what this sport means to people in this country." THE CANADIAN PRESS

Tedford's exit puts Buono back at Lions' helm

The last time Wally Buono served as both head coach and general manager of the B.C. Lions, he guided the team to a Grey Cup victory.

He'll return to the dual role next season as he tries to get the CFL club back to the championship game for the first time since that 2011 title. Buono, who has spent 13 years as GM of the Lions, will be back on the sidelines in 2016 as a replacement for Jeff Tedford, who resigned Wednesday after one season as head coach. "I'd be lying to you if I said I wasn't a little scared," Buono said. "But I'd also be lying to you if I said

I wasn't a little excited."

The Lions settled for a third-place finish in the West Division last season with a 7-11 record. B.C. was eliminated in the first round of the playoffs after a 35-9 loss to the Calgary Stampeders.

"After much consideration, I have elected to exercise an option in my contract and will resign as head coach of the B.C. Lions in order to pursue other opportunities in college football," Tedford said in a statement. "I want to thank Lions ownership, management, coaching staff and players and in particular Lions fans for the



Wally Buono THE CANADIAN PRESS

opportunity and privilege of serving as head coach this past year."

Buono, who also serves as vice-president of football operations, held a news conference later in the day at the team's practice facility. "My job is to do what I do best and build an organization and build win-



Jeff Tedford THE CANADIAN PRESS

ning football teams," he said. Buono has spent 13 seasons as GM of the team and has 22 years of coaching experience with B.C. and Calgary. The four-time coach of the year has won five Grey Cups as a coach and owns a regular-season coaching record of 254-154-3.

THE CANADIAN PRESS

metro OBITUARIES

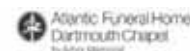
NIEFORTH, Ruby Pearl (nee Collings)



Age 91 of Dartmouth passed away Friday, November 27, 2015 in Dartmouth General Hospital. Born in Dartmouth, she was a daughter of the late Charles and Hilda (Walker) Nieforth. Ruby enjoyed sewing, knitting, quilting and crafts. She was an avid gardener. Ruby looked forward every year visiting the pumpkin people and the harvest time in the Valley.

Ruby was an active member of Christ Church for many years. Ruby is survived by her son, James "Jim"; sister, Sheila Jollimore and many nieces and nephews. She was predeceased by her husband, Gene; sister, Marjorie Findlay, Winnie Collings; brothers, Carleton, Ronald, Allan and Charles. Visitation to be held from 2-4pm Sunday, December 6 with a funeral service 1pm Monday December 7 followed by a reception all in Atlantic Funeral Homes, 771 Main Street, Dartmouth. Burial in Dartmouth Memorial Gardens. Family flowers only. In lieu of flowers donations may be made to Christ Church, Dartmouth. Online condolences may be sent by visiting www.atlanticfuneralhomes.com (Dartmouth Chapel)

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For more information on how to place a death notice in Metro, please contact:

Sue Wright
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susan.wright@metronews.ca

RECIPE Tuna Casserole



PHOTO: MAMA VINNYE

Ceri Marsh & Laura Keogh
For Metro Canada

Can #throwbackthursday apply to a recipe? If so, this would be ours. It's a feel-good, not quite straight out of the '50s dinner you're going to love.

Ready in
Prep time: 25 minutes
Serves 6

- Ingredients**
- 500g package of whole wheat penne or macaroni
 - 1 Tbsp olive oil
 - 3 cups cremini mushrooms, thinly sliced
 - 1 leek, cleaned well and thinly sliced
 - 3 Tbsp flour
 - 2 cups milk
 - 1 Tbsp dijon mustard
 - 1 cup frozen peas
 - 1 Tbsp dried thyme

- 3 cans good quality tuna, drained and rinsed
- 1 1/2 cups Gruyere, grated

Directions

1. Cook pasta 2 minutes less than package instructions and drain.
2. In a large pan with olive oil, sauté mushroom and leeks until they begin to soften, about 5 minutes. Sprinkle flour over mushrooms and leeks, stir and cook for 1 minute. Whisk in milk and allow to thicken, 3 to 5 minutes. Stir in mustard and season with salt and pepper after tasting. Add the tuna, frozen peas and thyme.
3. Add cooked pasta to the tuna mixture, stir and turn off heat. Pour the mixture into a casserole. Sprinkle cheese over top and pop into the oven and broil for 3 to 5 minutes or until the cheese bubbles and turns brown.

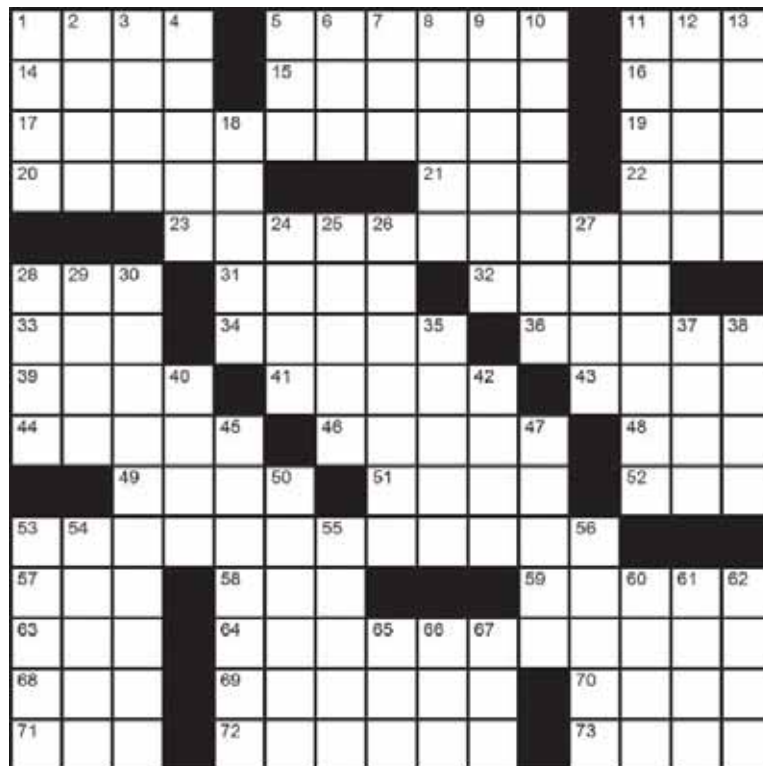
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CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

ACROSS

1. Belgium lang.
5. Finally: 2 wds.
11. _-Fi
14. Early helicopter
15. Housing market
16. Bon _ (High society)
17. Person consulted when there's a problem at check-out: 2 wds.
19. Year: Spanish
20. Computers: _ Pentium Inside
21. Canada's currency, curtly
22. Stop: _
23. Months and Meals... Canadian tradition launched in 1974 - the 2016 one is now out: 2 wds.
28. Month divs.
31. Window _
32. Jai _
33. ' _ _ Canadian' (Molson beer commercial slogan)
34. Hagar's humorous hound
36. "Wonder Woman" star Ms. Carter
39. Jimmy _ (Shoe designer)
41. Outlandish outfit: 2 wds.
43. Cheese: Canadian _ Cheddar
44. Hillock
46. Places
48. "Fact" finisher
49. Vancouver Canucks
51. Princess _ day (Bride's dream)
52. "Hiss!"
53. "A New Rock and Roll" is a 1974 song



by what Canadian band?: 2 wds.
57. Saint John Airport code
58. "Legend" suffix
59. Doesn't discard
63. Irish actor Stephen
64. 1985 movie for which David Foster

co-wrote John Parr's 'Man in Motion' theme song: 3 wds.
68. Nose: French
69. Mulls over info before divulging it: 2 wds.
70. Stallion's speed
71. Wood-shaper's tool, variantly

72. Results
73. Archery woods

DOWN

1. E-J link
2. Hold on property
3. 'E' in QED
4. Web-accessing device

5. _ Vos Prec (T.S. Eliot poetry volume)
6. Writer Mr. Lawrence, et al.
7. "Well, _-di-dah!"
8. Actress Ms. Valli
9. Fashion's Ms. McCartney
10. Royal _ Museum (Dinosaur remains at-

traction in Alberta)
11. Audience appreciations for outstanding performances, fun-style: 2 wds.
12. Miami Sound Machine tune
13. Koh- _ _ Diamond
18. Paper fasteners
24. k.d.'s last name
25. Pew prayer's supports
26. Endorse
27. Quebec water brand
28. Candle's cord
29. Comic actress Madeline
30. Music style for Alfie Zappacosta: 2 wds.
35. Extra education instructor
37. Agnus _ (Mass prayers)
38. Finds the sum
40. Margarine
42. South American country
45. Celebrity chef Emeril
47. Belonging to Regina's prov.
50. Mr. Short
53. Ms. Loy
54. Plant _ and watch it grow
55. Putin's pshaws
56. Brawny
60. Ireland
61. Boat part
62. Hardens
65. Baton Rouge sch.
66. Five Guys Named _ (Stage musical)
67. Clip _ (Non-pierced earrings)

★ IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20
You feel you should be doing more, you feel you should be pushing yourself harder — and you're right. You have been lazy of late and you need to make up for wasted chances.

Taurus April 21 - May 21
Don't take what others say too seriously because among all the good advice there is sure to be something designed to trip you up. Not everyone you work with is on your side.

Gemini May 22 - June 21
Everyone wants something from you. Everyone wants you to give. Maybe you need to remind them that you have a life of your own and don't have to be at their beck and call every minute of the day. Be brutal.

Cancer June 22 - July 23
There may be many things you want to change in your life but this isn't the right time. Consolidate what you have got rather than go out and get something more.

Leo July 24 - Aug. 23
You may be reluctant to admit that you got it wrong and said things that were untrue but if you want to salvage a friendship that is what you must do. Apologize with good grace.

Virgo Aug. 24 - Sept. 23
Put petty disputes behind you and give others the benefit of the doubt. Some things are worth getting worked up about but the planets warn that what you are getting emotional over is not worth it.

Libra Sept. 24 - Oct. 23
If life seems a bit too tame it could be because you are not setting targets that test your abilities. It's fun to drift along but already you are getting bored with the easy life.

Scorpio Oct. 24 - Nov. 22
You need to decide what it is you want most out of life and focus all your energies in that single direction. Forget about what might have been because it is what still can be that matters.

Sagittarius Nov. 23 - Dec. 21
There may be important things you could be doing but you must ignore them all and have a good time. Who is going to stop you? Who is going to complain? If it feels good then do it.

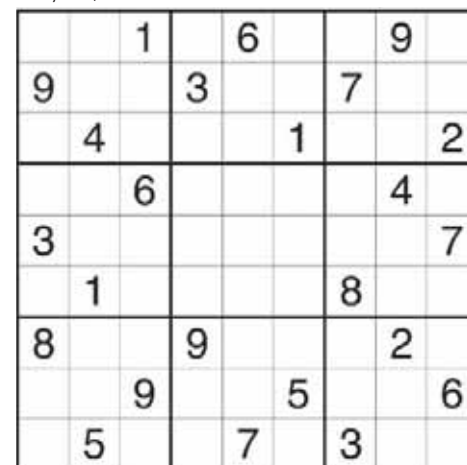
Capricorn Dec. 22 - Jan. 20
Do something that makes you feel alive. It does not matter if it is unproductive — you don't have to be on the make every minute of every day. No one can accuse you of not working hard, so by all means play hard for a while.

Aquarius Jan. 21 - Feb. 19
You've got a lot of routine chores to do and you are not looking forward to them, but if you knuckle down and get serious you may be surprised by how quickly you get them done.

Pisces Feb. 20 - March 20
If you take on too much today both your body and your mind will regret it. Focus only on those things that have to be done — the rest can wait.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9



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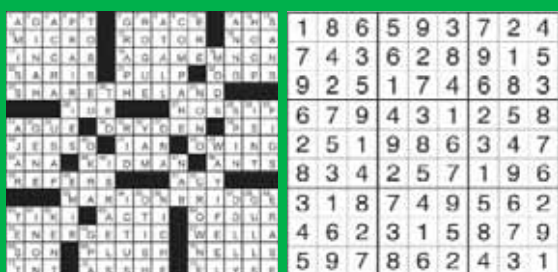
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